

**CARDIO  
RUN  
2024**

# **16<sup>eme</sup> CONGRÈS DE PATHOLOGIE CARDIO-VASCULAIRE**

Hôtel Saint Alexis  
**ILE DE LA RÉUNION**  
France

**18-19-20 SEPTEMBRE 2024**

## **COMITÉ SCIENTIFIQUE**

Philippe MABO (Rennes)

Nicolas MENEVEAU (Besançon)

Pascal MOTREFF (Clermont-Ferrand)

Christophe POUILLLOT (Sainte Clotilde - La Réunion)

Ashok TIROUVANZIAM (Nantes)

**CARDIORUN.ORG**

## **ORGANISATION GÉNÉRALE**

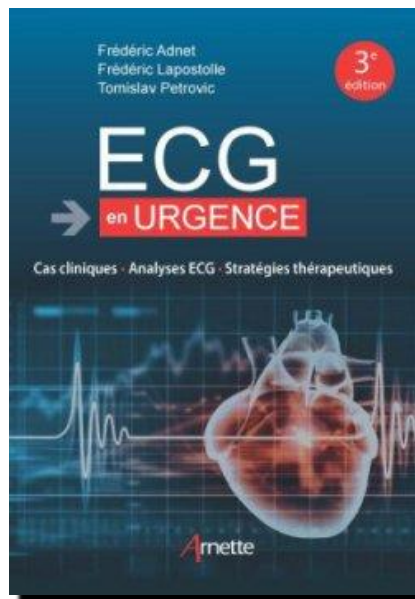
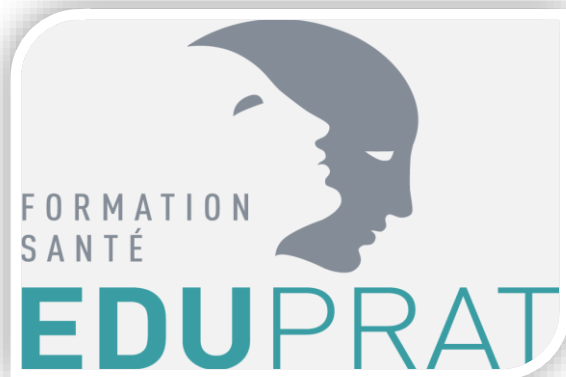
MCO CONGRÈS - Contacts : [julie.faber@mcocongres.com](mailto:julie.faber@mcocongres.com) - [aurore.davy@mcocongres.com](mailto:aurore.davy@mcocongres.com) - [www.mcocongres.com](http://www.mcocongres.com)



# Disclosures

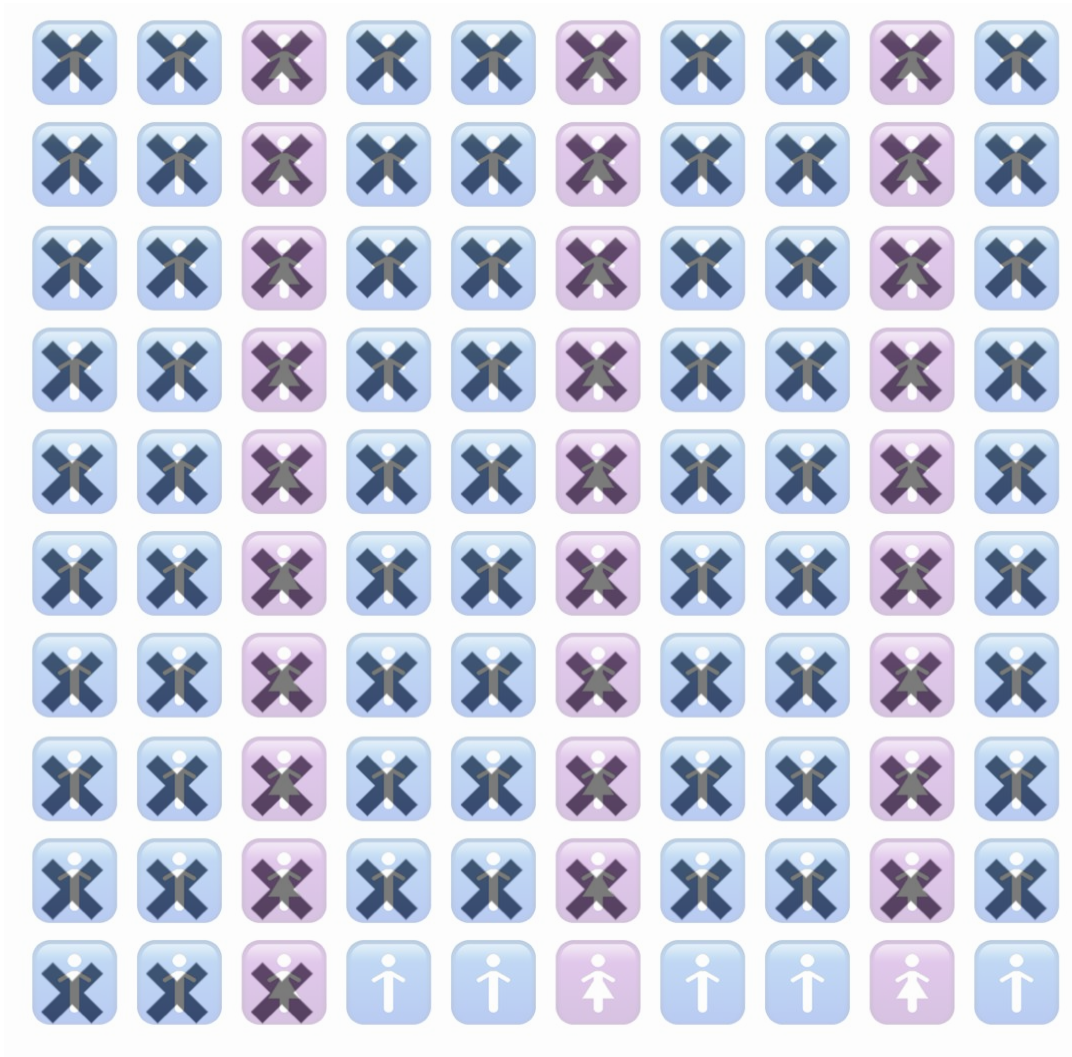
**Conferences** : Boehringer-Ingelheim, Mundipharma, Nova-Biomedical, Serb, Teleflex

**Investigator – Research** : Mundipharma, Serb, Teleflex



Frédéric Lapostolle  
SAMU 93, UF Recherche - Enseignement  
Hôpital Avicenne & Université Paris 13, Bobigny





DAMC

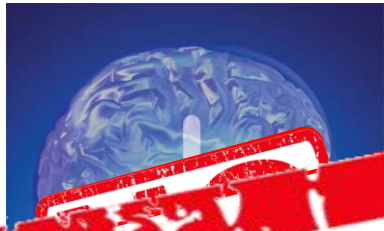
Education

Hypothermie

Angioplastie

ECMO

ation



**NO**

**NO**

**NO**

**NO**

**NO**

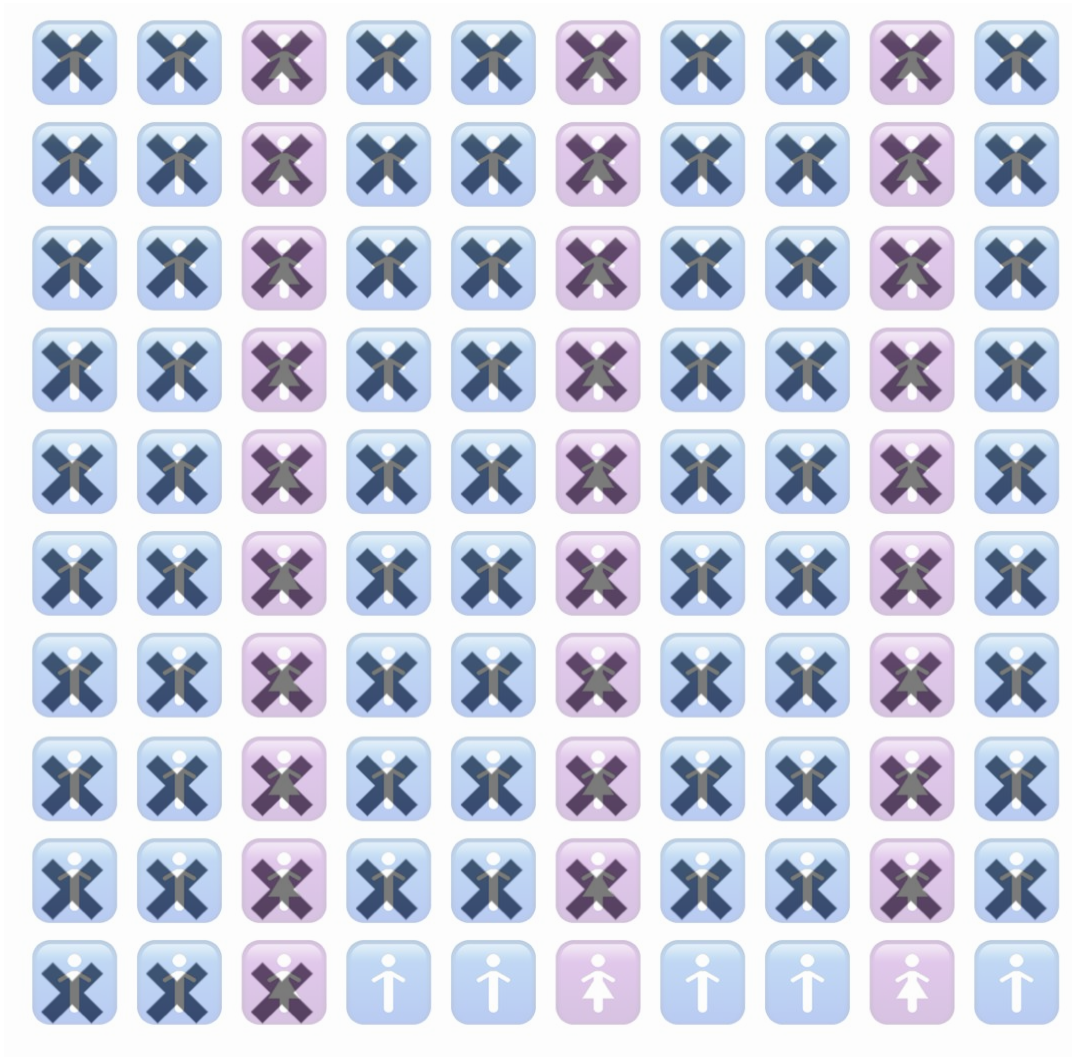
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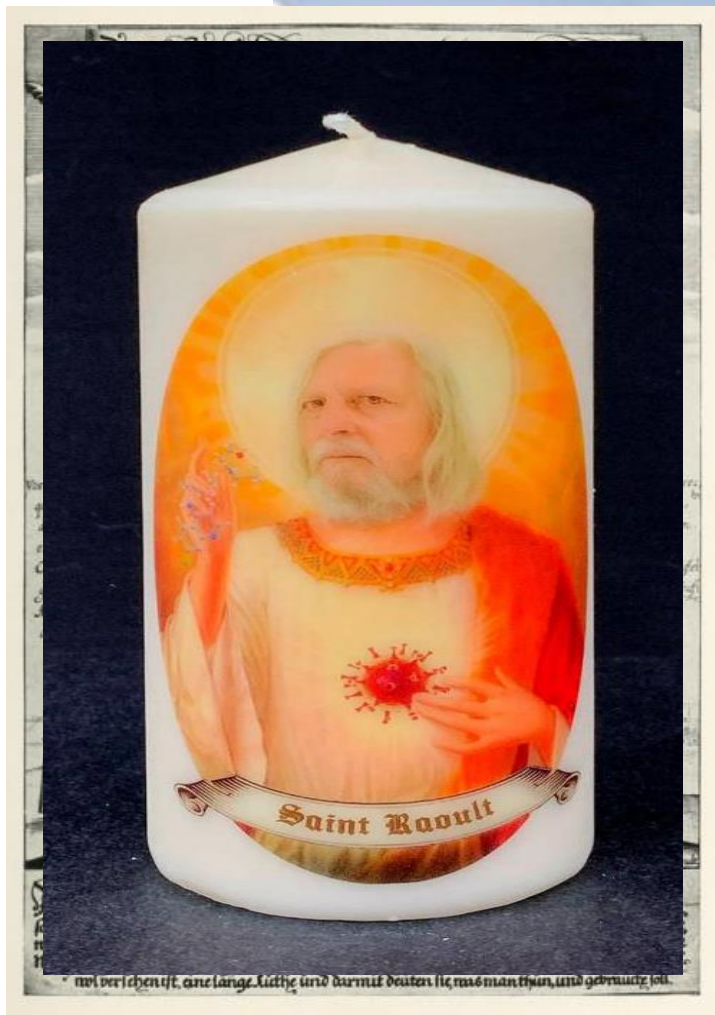
**NO**

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F. Lapostolle · J.-M. Agostinucci · F. Adnet

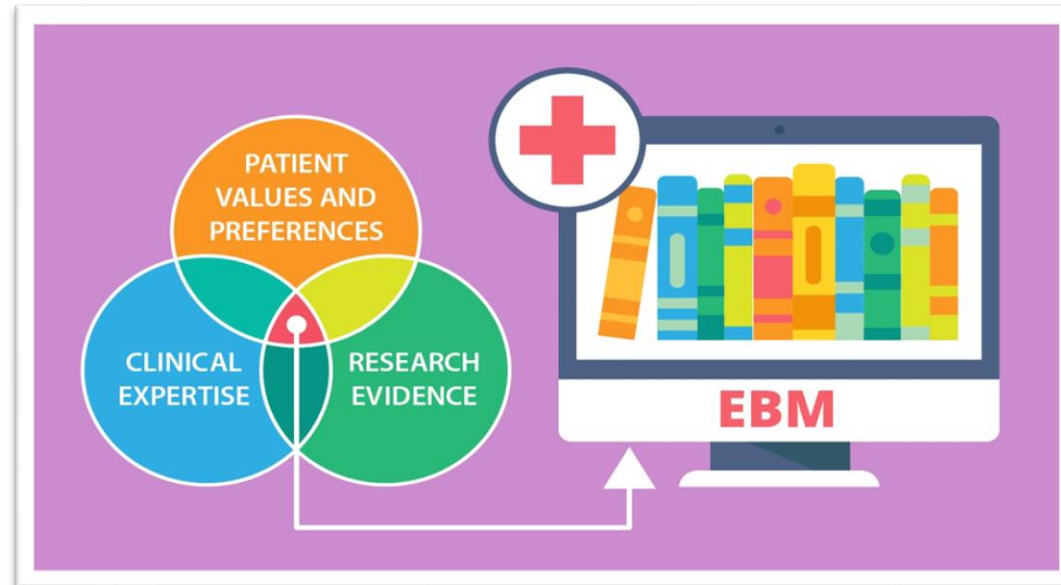


Fig. 1 LUCAS<sup>®</sup> (Lund University Cardiac Arrest System) de la société Medtronic<sup>™</sup>. Crédit photo : JMA-Samu 93



Fig. 2 Autopulse<sup>®</sup> fabriqué par Zoll<sup>™</sup>. Crédit photo : JMA-Samu 93



# Use of an Automated, Load-Distributing Band Chest Compression Device for Out-of-Hospital Cardiac Arrest Resuscitation

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Harinder S. Dhindsa, MD, MPH  
Al M. Best, PhD  
Caesar S. Ines, MD, MS  
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Robert G. Powell, MD  
Jerry L. Overton, MPA  
Mary Ann Peberdy, MD

**A**PPROXIMATELY 400 TO 460 000 individuals die every year from out-of-hospital cardiac arrest (OHCA),<sup>1</sup>

**Context** Only 1% to 8% of adults with out-of-hospital cardiac arrest survive to hospital discharge.

**Objective** To compare resuscitation medical services (EMS) system citation (CPR) to load-distributing

**Design, Setting, and Patients** Attention-to-treat analysis of 783 adult patients with out-of-hospital cardiac arrest. A total of 499 patients were included in the analysis (from January 1, 2003 to March 31, 2003) and 284 patients were included in the analysis (from March 31, 2003 to March 31, 2005); of these patients

**Intervention** Urban EMS system

**Main Outcome Measures** Resuscitation medical services (EMS) system citation (CPR) to load-distributing band chest compression device (LDB-CPR) compared with manual CPR. Secondary outcome measures of survival to hospital discharge and neurological outcome at discharge.

**Results** Patients in the manual CPR group had a faster response time interval (median 10.5 min vs 12.6 min) compared with patients in the LDB-CPR group (median 10.5 min vs 12.6 min; 95% CI, 1.38-2.72; for survival to hospital discharge, 29.2%-40.3% vs 20.2%; 95% CI, 1.38-2.72; for survival to hospital discharge, 29.2%-40.3% vs 20.2%; 95% CI, 1.38-2.72).

## Manual Chest Compression vs Use of an Automated Chest Compression Device During Resuscitation Following Out-of-Hospital Cardiac Arrest: A Randomized Trial

Al Hallstrom, PhD  
Thomas D. Rea, MD, MPH  
Michael R. Sayre, MD  
James Christenson, MD  
Andy R. Anton, MD  
Vince N. Mosesso, Jr, MD  
Lois Van Ottingham, BSN  
Michele Olsufka, RN  
Sarah Pennington, RN  
Lynn J. White, MS  
Stephen Yahn, EMT-P  
James Husar, EMT-P  
Mary F. Morris  
Leonard A. Cobb, MD

**Context** High-quality cardiopulmonary resuscitation (CPR) may improve both cardiac and brain resuscitation following cardiac arrest. Compared with manual chest compression, an automated load-distributing band (LDB) chest compression device produces greater blood flow to vital organs and may improve resuscitation outcomes.

**Objective** To compare resuscitation outcomes following out-of-hospital cardiac arrest when an automated LDB-CPR device was added to standard emergency medical services (EMS) care with manual CPR.

**Design, Setting, and Patients** Multicenter, randomized trial of patients experiencing out-of-hospital cardiac arrest in the United States and Canada. The a priori primary population was patients with cardiac arrest that was presumed to be of cardiac origin and that had occurred prior to the arrival of EMS personnel. Initial study enrollment varied by site, ranging from late July to mid November 2004; all sites halted study enrollment on March 31, 2005.

**Intervention** Standard EMS care for cardiac arrest with an LDB-CPR device (n=554) or manual CPR (n=517).

**Main Outcome Measures** The primary end point was survival to 4 hours after the 911 call. Secondary end points were survival to hospital discharge and neurological status among survivors.

**Results** Following the first planned interim monitoring conducted by an independent data and safety monitoring board, study enrollment was terminated. No difference existed in the primary end point of survival to 4 hours between the manual CPR group and the LDB-CPR group overall (N=1071; 29.5% vs 28.5%; P=.74) or among the pri-



**O**UT-OF-HOSPITAL CARDIAC arrest claims hundreds of thousands of lives annually in North America. Suc-



**Table 3. Outcome by Treatment Group Overall and by Rhythm Subgroup Among Primary Comparison Population\***

	VF/Pulseless VT		Pulseless Electrical Activity		Asystole		All Primary Cases†	
	Manual CPR (n = 119)	LDB-CPR (n = 122)	Manual CPR (n = 100)	LDB-CPR (n = 98)	Manual CPR (n = 154)	LDB-CPR (n = 174)	Manual CPR (n = 373)	LDB-CPR (n = 394)
Survived ≥4 h after 911 call	49 (41.2)	53 (43.4)	27 (27.0)	21 (21.4)	16 (10.4)	30 (17.2)	92 (24.7)	104 (26.4)
Died at scene	27 (22.7)	20 (16.4)	30 (30.0)	28 (28.6)	73 (47.4)	85 (48.9)	130 (34.9)	133 (33.8)
Died in emergency department	44 (37.0)	49 (40.2)	44 (44.0)	49 (50.0)	66 (42.9)	61 (35.1)	14 (41.3)	159 (40.4)
Died in hospital	21 (17.6)	36 (29.5)	17 (17.0)	18 (18.4)	14 (9.1)	25 (14.4)	52 (13.9)	79 (20.1)
<b>Discharged alive from hospital</b>	27 (22.7)	17 (13.9)	9 (9.0)	3 (3.1)	1 (0.6)	3 (1.7)	<b>37 (9.9)</b>	<b>23 (5.8)</b>
CPC score								
1, Conscious and alert	23 (19.3)	5 (4.1)	2 (2.0)	0	0	1 (0.6)	25 (6.7)	6 (1.5)
2, Conscious	2 (1.7)	5 (4.1)	0	1 (1.0)	1 (0.6)	0	3 (0.8)	6 (1.5)
3, Dependent	2 (1.7)	6 (5.0)	3 (3.1)	0	0	1 (0.6)	5 (1.3)	7 (1.8)
4, Unconscious	0	0	2 (2.0)	0	0	1 (0.6)	2 (0.5)	1 (0.3)
5, Circulatory death	92 (77.3)	105 (86.8)	91 (92.9)	95 (99.0)	153 (99.4)	171 (98.3)	336 (90.6)	371 (94.9)

Abbreviations: CPC, cerebral performance category; CPR, cardiopulmonary resuscitation; LDB, load-distributing band; VF, ventricular fibrillation; VT, ventricular tachycardia.

\*Values are expressed as number (percentage).

†Neurological data were incomplete for 5 survivors.

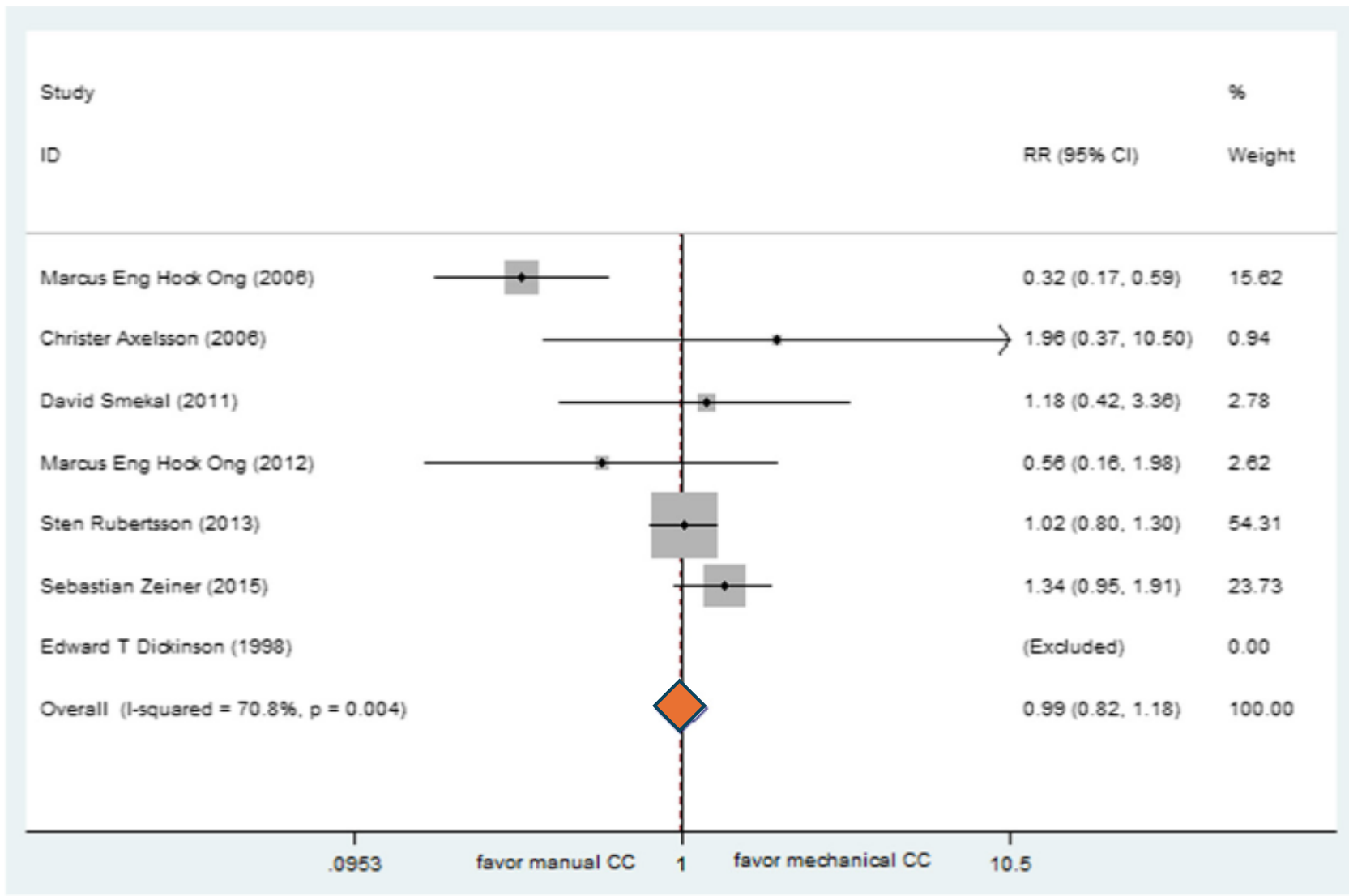


**Table 3**  
Comparison of outcome by treatment arm.

Outcomes	M-CPR (n = 2132)	iA-CPR (n = 2099)	Covariate adjusted odds ratio (95% CI)	Covariate and interim analyses adjusted odds ratio (95% CI) <sup>b</sup>
Survival to Hospital Discharge	233 (11.0%) (7 cases unknown)	196 (9.4%) (5 cases unknown)	0.89 (0.72–1.10)	1.06 (0.83–1.37) <sup>a</sup>
Survival to 24 h	532 (25.0%) v	456 (21.8%) (10 cases unknown)	0.86 (0.74–0.998) <sup>b</sup>	
Sustained ROSC Discharge mRS	689 (32.3%) (n = 233)	600 (28.6%) (n = 196)	0.84 (0.73–0.96) <sup>b</sup>	
Score of 0–3	112 (48.1%)	87 (44.4%)	0.80 (0.47–1.37) <sup>b</sup>	
Score of 4–5	61 (26.2%)	50 (25.5%)		
Unknown score	60 (25.8%)	59 (30.1%)		

<sup>a</sup> Adjusted for covariates and interim analyses.

<sup>b</sup> Secondary outcomes can only be adjusted for the covariates, not the interim analyses.



**Fig. 5** Effect of manual chest compression and mechanical chest compression on survival to hospital discharge for OHCA patients



**TABLE 1. CHARACTERISTICS OF SUBJECTS WITH CARDIAC ARREST IN CASINOS.\***

CHARACTERISTIC	ALL CARDIAC ARRESTS (N=148)	WITNESSED ARRESTS WITH AN INITIAL RHYTHM OF VENTRICULAR FIBRILLATION (N=90)
Age — yr	64±12	65±11
Male sex — %	80	84
CPR administered before arrival of defibrillator — no. (%)	63 (43)	49 (54)
Interval from collapse to CPR — min	—†	2.9±2.8
Initial rhythm of ventricular fibrillation — no. (%)	105 (71)	90 (100)
Interval from collapse to attachment of defibrillator — min	—†	3.5±2.9
Interval from collapse to first defibrillation — min	—†	4.4±2.9
Interval from collapse to arrival of paramedics — min	—†	9.8±4.3
Survival to discharge from hospital — no. (%)	56 (38)	53 (59)

\*Plus-minus values are means ±SD. CPR denotes cardiopulmonary resuscitation.

†Intervals from collapse to intervention could not be calculated for unwitnessed arrests.

# The New England Journal of Medicine

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OCTOBER 26, 2000

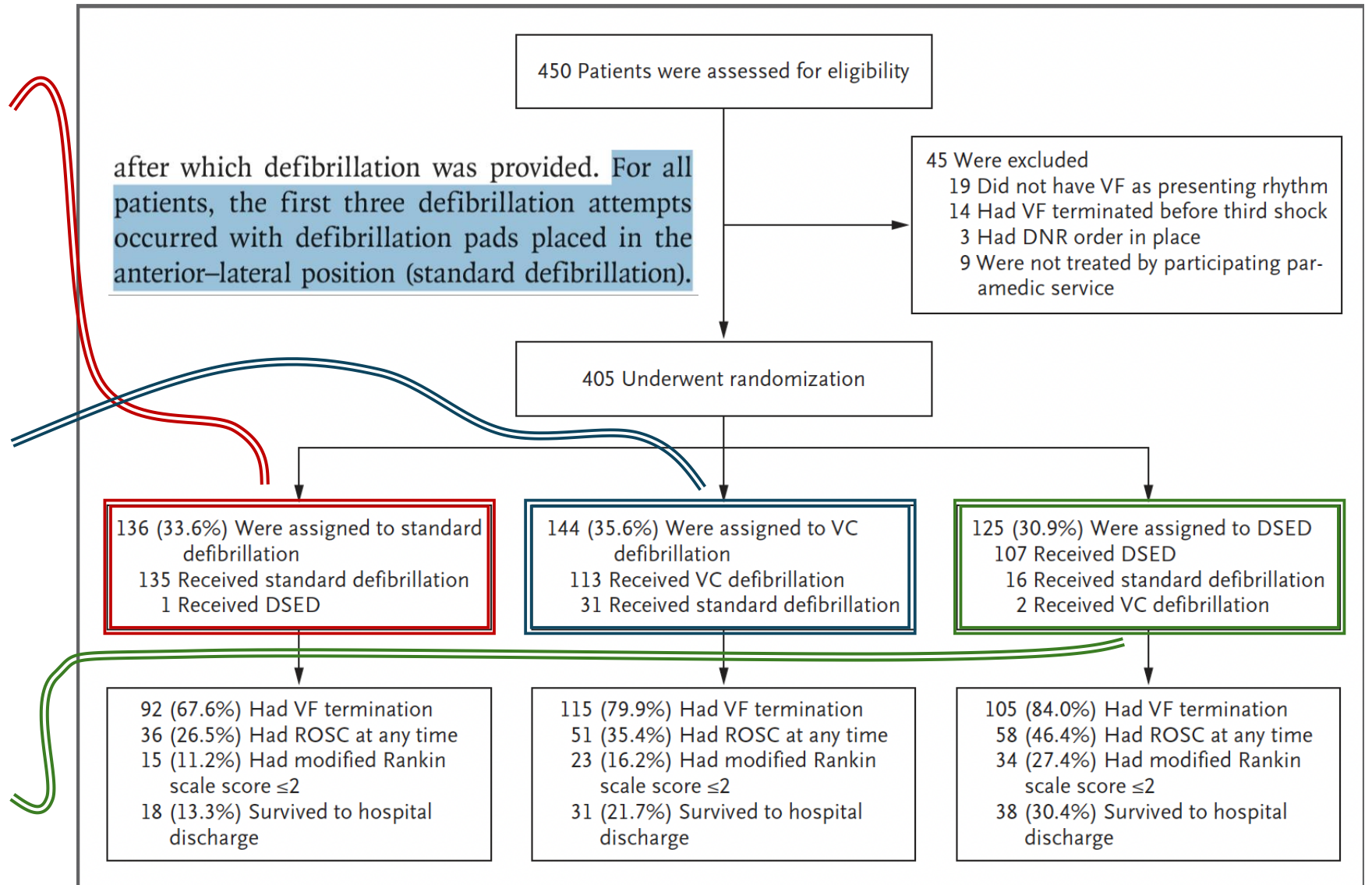
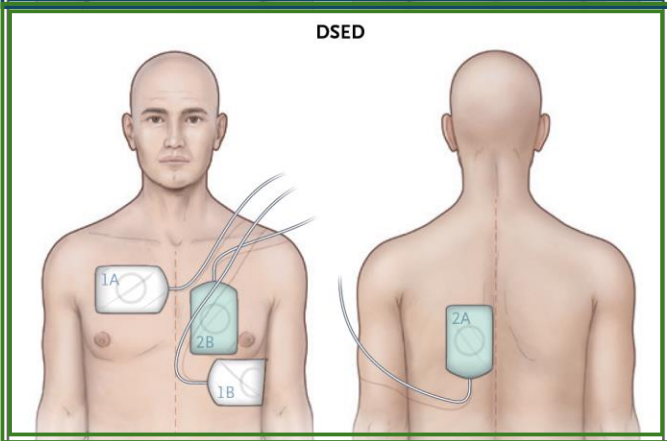
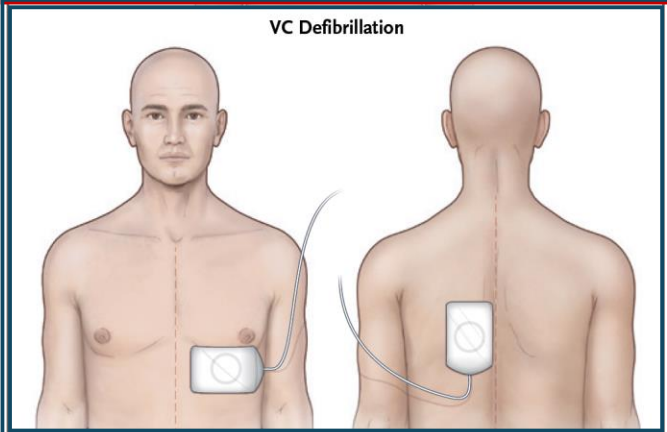
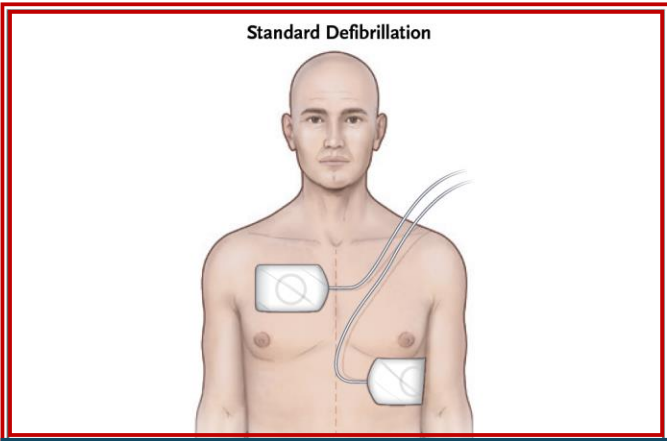
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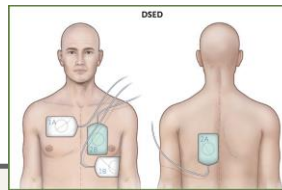
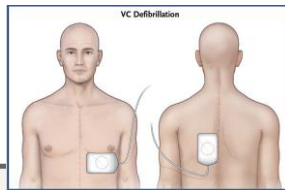
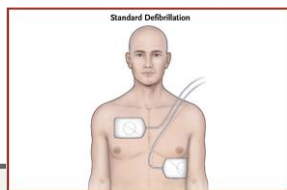


## OUTCOMES OF RAPID DEFIBRILLATION BY SECURITY OFFICERS AFTER CARDIAC ARREST IN CASINOS

TERENCE D. VALENZUELA, M.D., M.P.H., DENISE J. ROE, DR.P.H., GRAHAM NICHOL, M.D., M.P.H., LANI L. CLARK, B.S., DANIEL W. SPAITE, M.D., AND RICHARD G. HARDMAN, B.S.



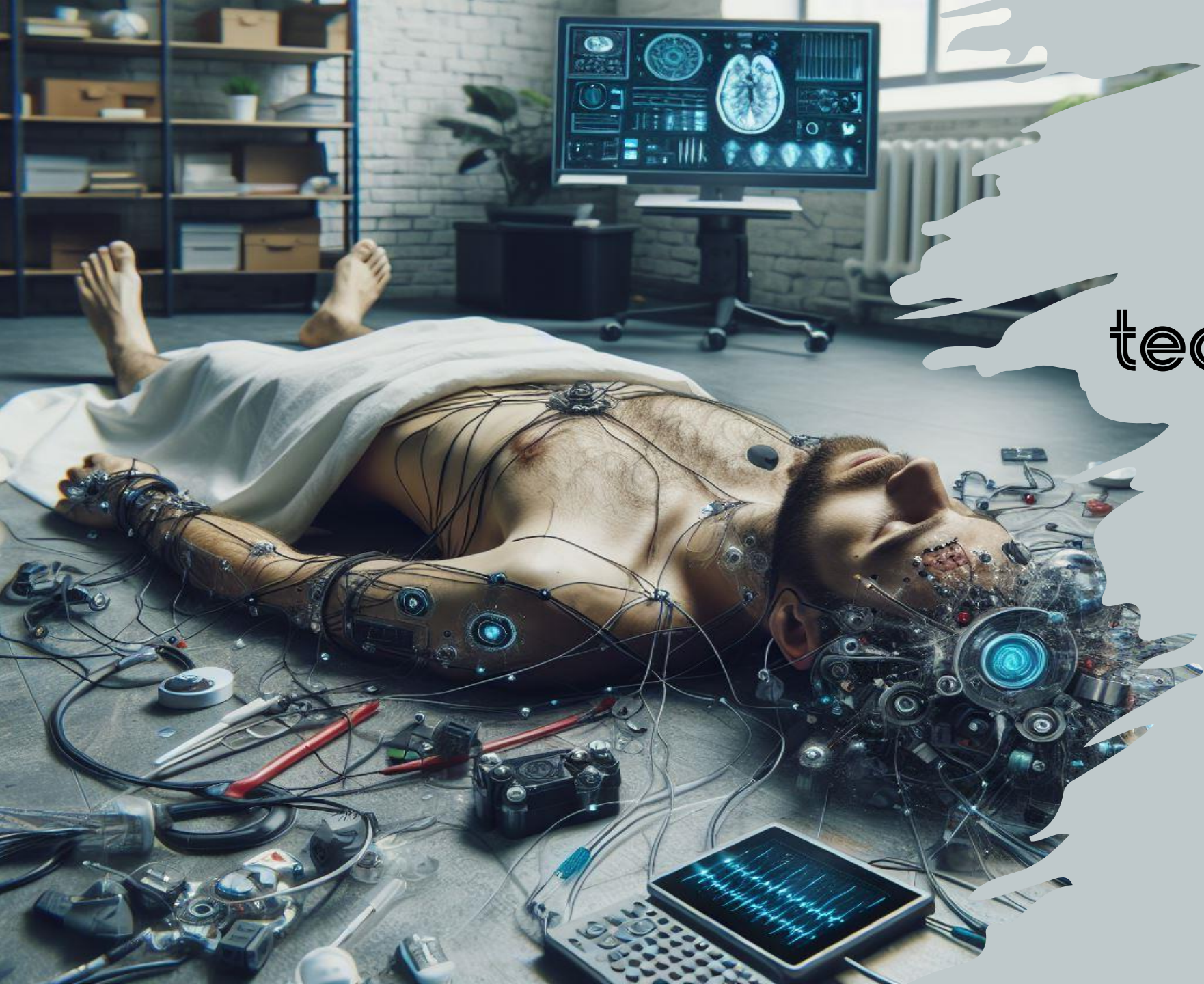




**Table 3. Primary and Secondary Outcomes.**

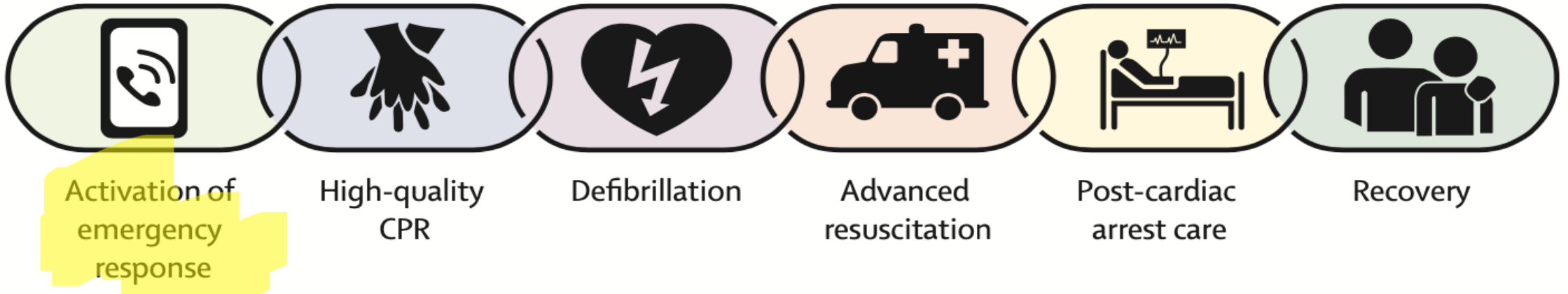
Outcome	Standard Defibrillation (N = 136)	VC Defibrillation (N = 144)	DSED (N = 125)	Adjusted Relative Risk (95% CI)*	
				DSED vs. Standard	VC vs. Standard
	<i>number of patients/total number (percent)</i>				
Survival to hospital discharge†	18/135 (13.3)	31/143 (21.7)	38/125 (30.4)	2.21 (1.33–3.67)	1.71 (1.01–2.88)
Termination of ventricular fibrillation	92/136 (67.6)	115/144 (79.9)	105/125 (84.0)	1.25 (1.09–1.44)	1.18 (1.03–1.36)
ROSC	36/136 (26.5)	51/144 (35.4)	58/125 (46.4)	1.72 (1.22–2.42)	1.39 (0.97–1.99)
Modified Rankin scale score ≤2‡	15/134 (11.2)	23/142 (16.2)	34/124 (27.4)	2.21 (1.26–3.88)	1.48 (0.81–2.71)





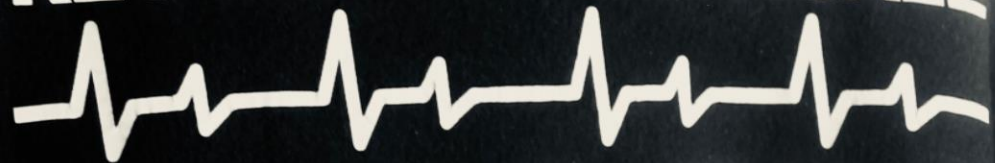
L'espoir est  
technologique ?

## A Chain of survival



Marijon, Lancet, 2023

**ASSISTANT  
REGULATION MEDICALE**

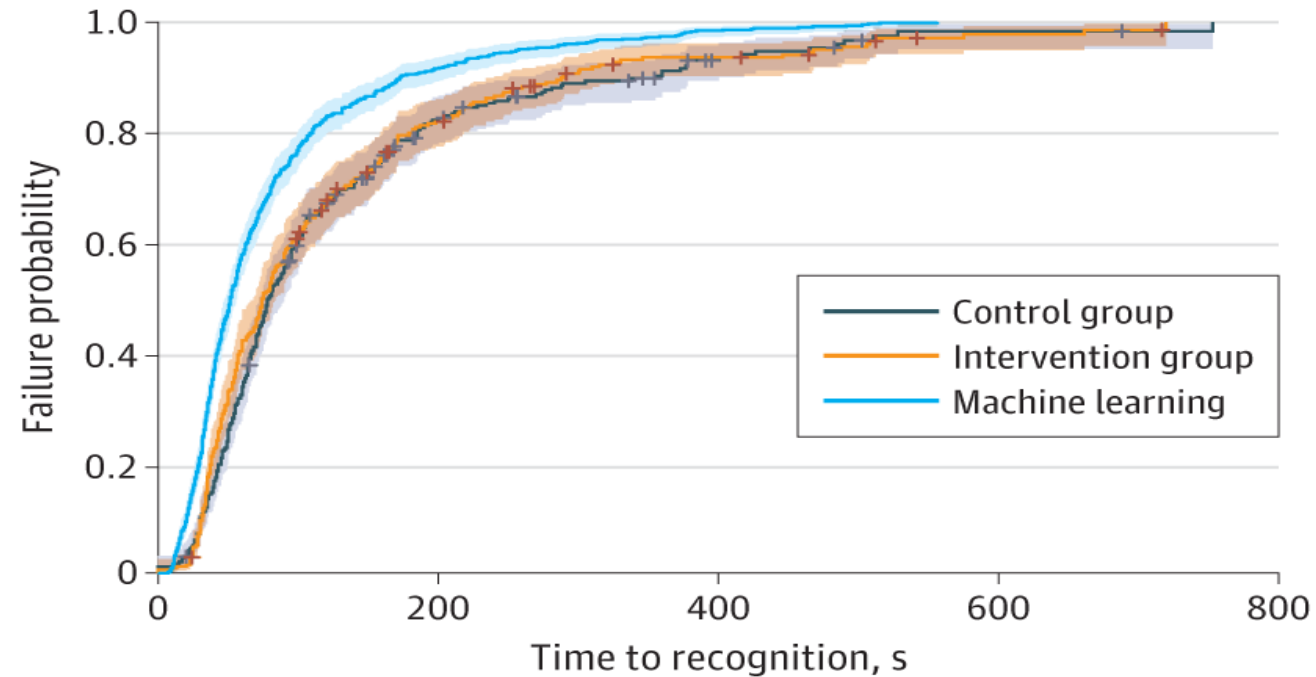


**SAMU**

**CENTRE 15**



## RCT: Effect of Machine Learning (ML) Alert on Dispatcher Recognition of Out-of-Hospital Cardiac Arrest During Calls to Emergency Medical Services (EMS)



No. at risk	0	200	400	600	800
Control group	335	48	12	2	0
Intervention group	316	52	15	3	0
Machine learning	654	55	10	0	0

# This Smart Watch Detects Cardiac Arrest, and Summons Help

> The new iBeat Heart Watch raises the alert if your heart rate falters

BY ELIZA STRICKLAND | 17 JUL 2018 | 4 MIN READ |

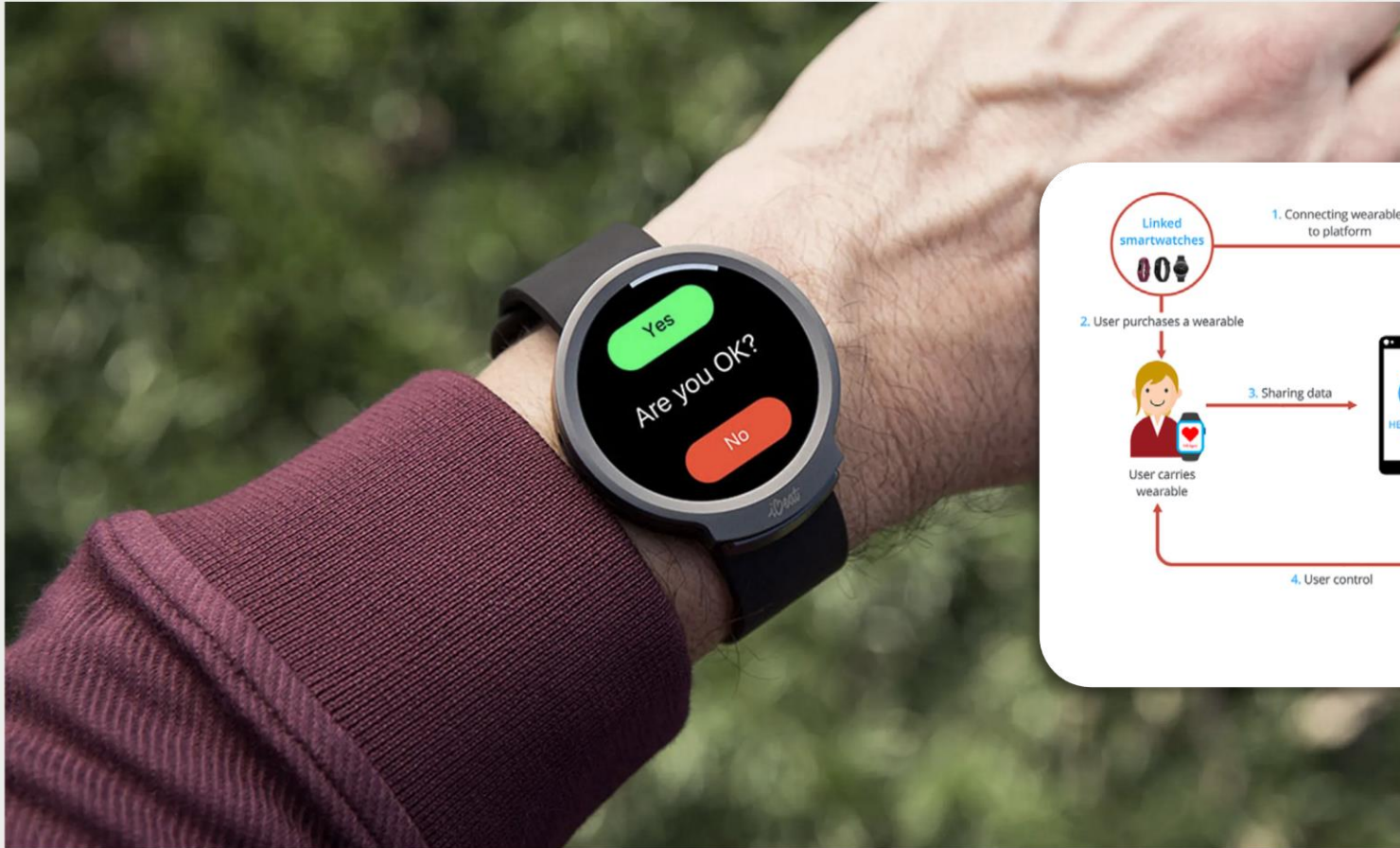
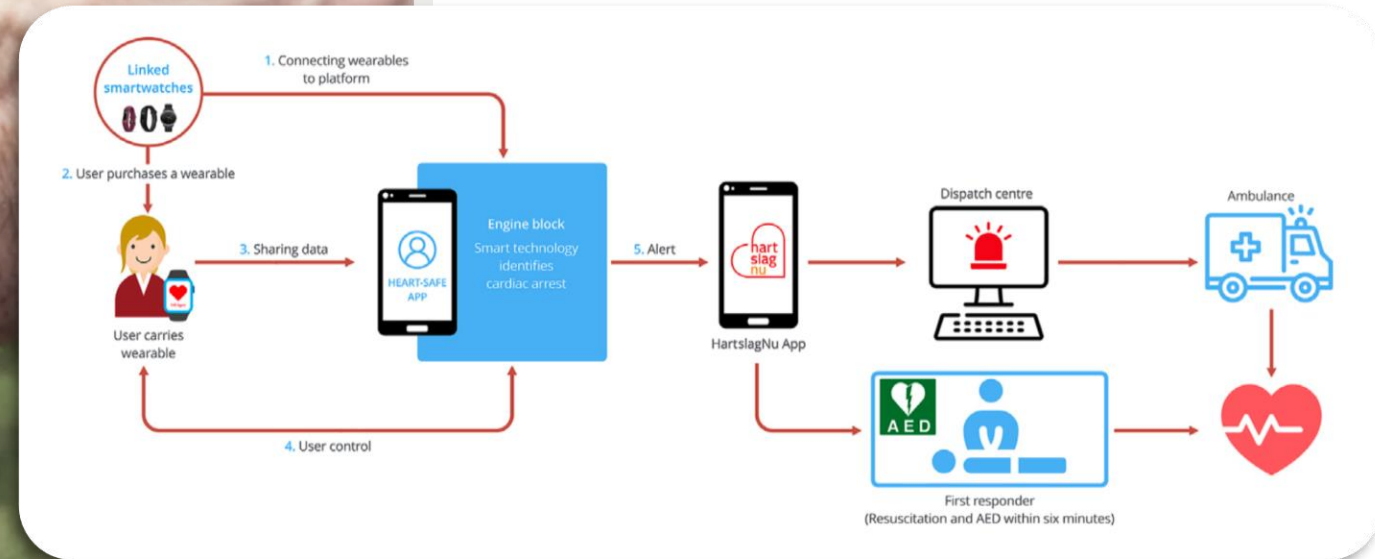


PHOTO: IBEAT



Schober, HEART-SAFE, Resuscitation Plus, 2022



La Communauté des  
Citoyens Volontaires  
auprès des SAMU

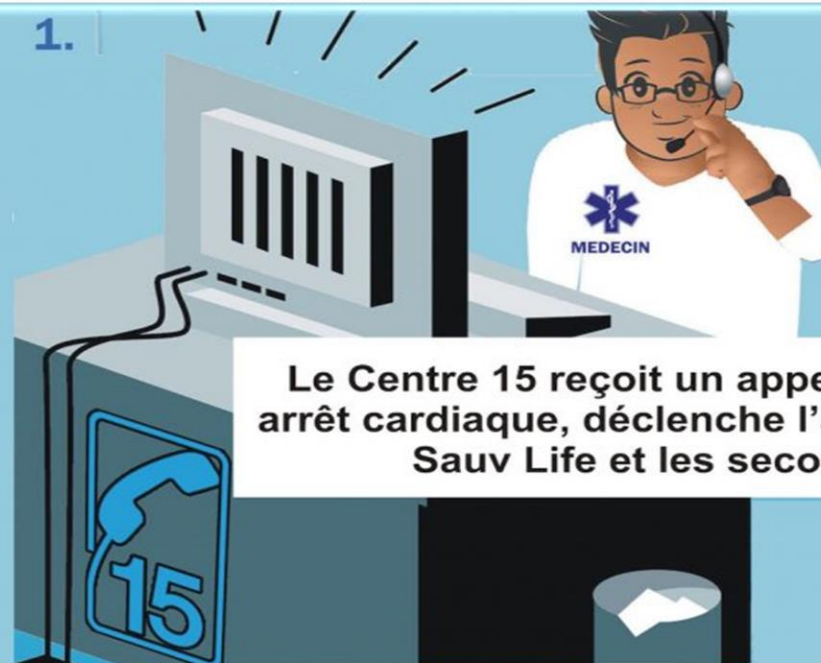


FLASHEZ-MOI



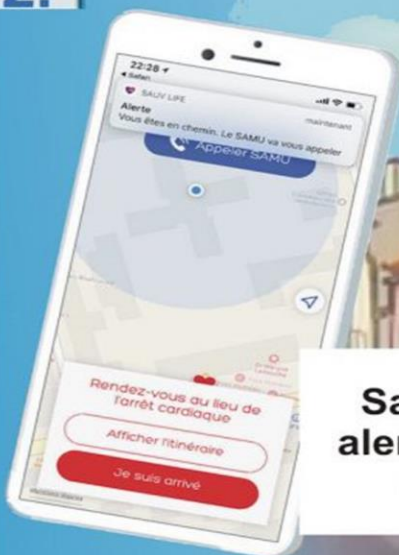
[www.sauv-life.fr](http://www.sauv-life.fr)

1.



Le Centre 15 reçoit un appel pour un arrêt cardiaque, déclenche l'application Sauv Life et les secours

2.



Sauv Life géolocalise la victime, alerte et guide les volontaires vers un défibrillateur et la victime

3.



Sauv Life aide les volontaires (vidéoconférence avec le Samu, vidéos explicatives des gestes d'urgences ...) Jusqu'à l'arrivée des secours.

## 2021 : NOS BELLES HISTOIRES. Son cœur est reparti grâce aux citoyens de Sauv life

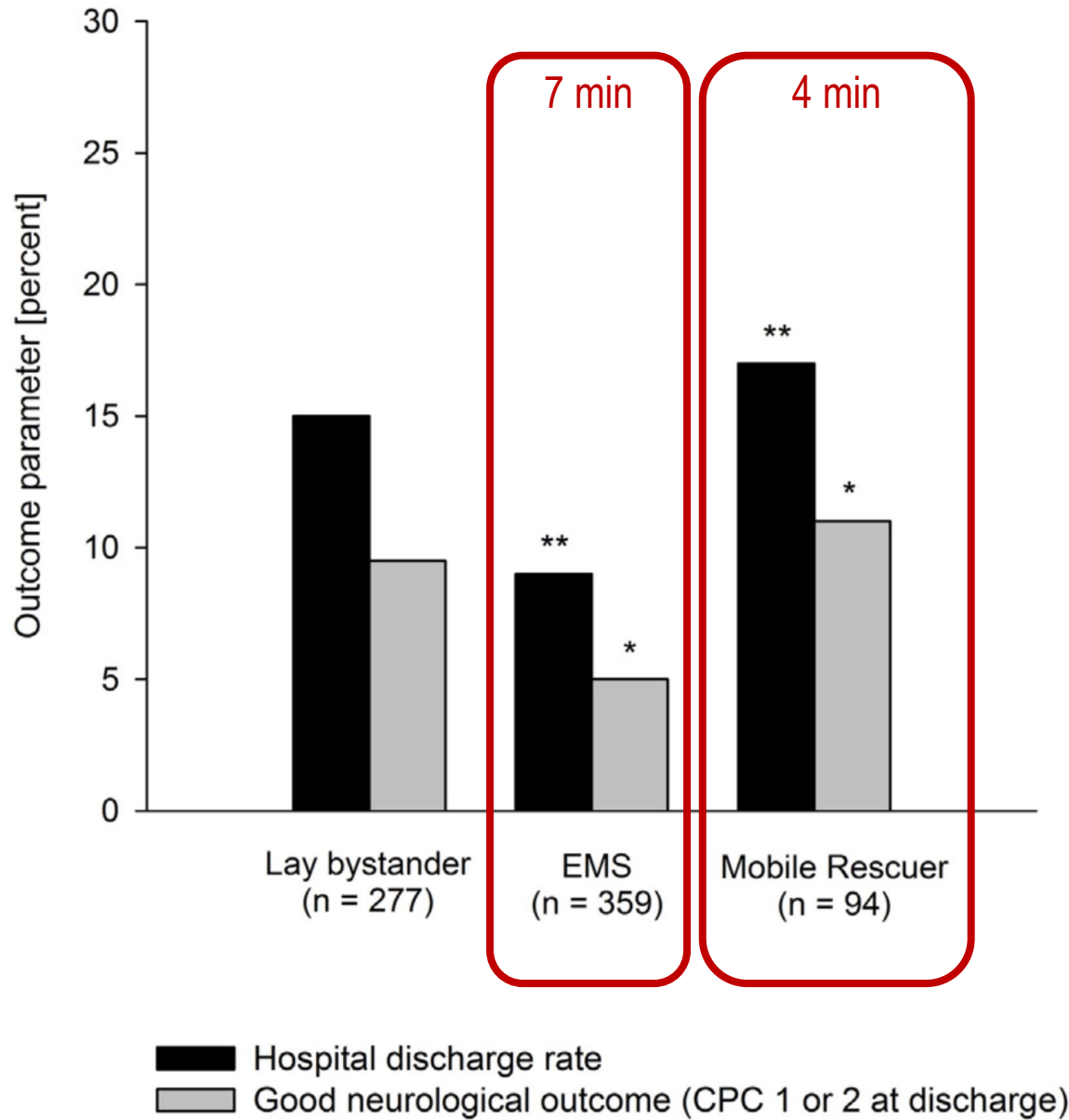


ouest  
france

Presse  
Océan

Thierry, de Bouguenais, a pu être sauvé grâce à l'intervention de sa femme, des citoyens et des secours. Il a témoigné en mai 2021 dans Presse Océan. Les chances de survie sont très minces en cas d'arrêt cardiaque. |

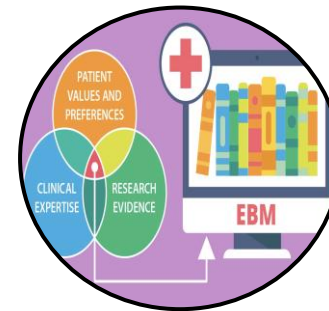
PHOTO ARCHIVES PRESSE OCÉAN-CT



Letter to the Editor

**Reply to: How (Not) to prove that a mobile phone-based alerting system has a positive effect on outcome after out-of-hospital cardiac arrest?**

Calle, Resuscitation 2020



Stroop, Resuscitation 2020



## Sauv Life : une application pour sauver des vies

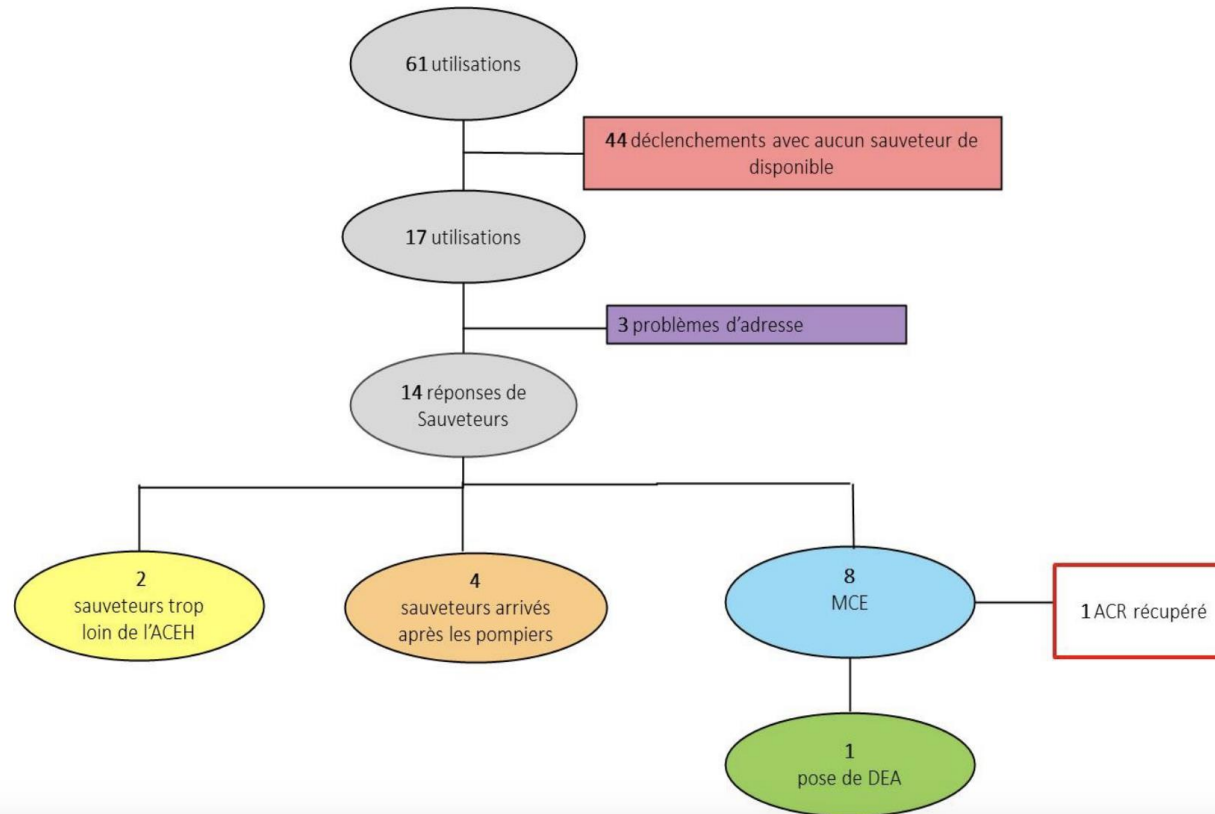
LINFO.RE - créé le 12.10.2019 à 19h15 - mis à jour le 12.10.2019 à 19h15 - La rédaction

### Evaluation de l'utilisation systématique de l'application SAUV-Life à La Réunion

Résumé :

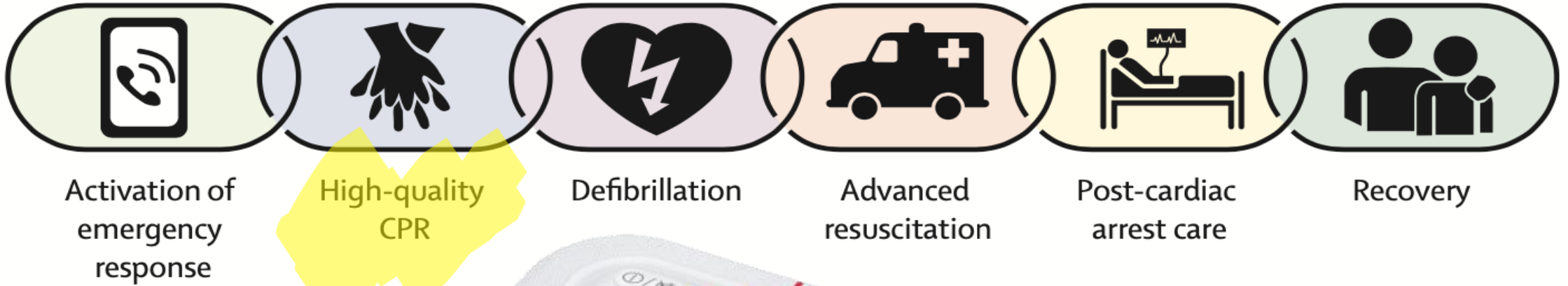
Clémence Beauchamp - 11 Mars 2022

N=282



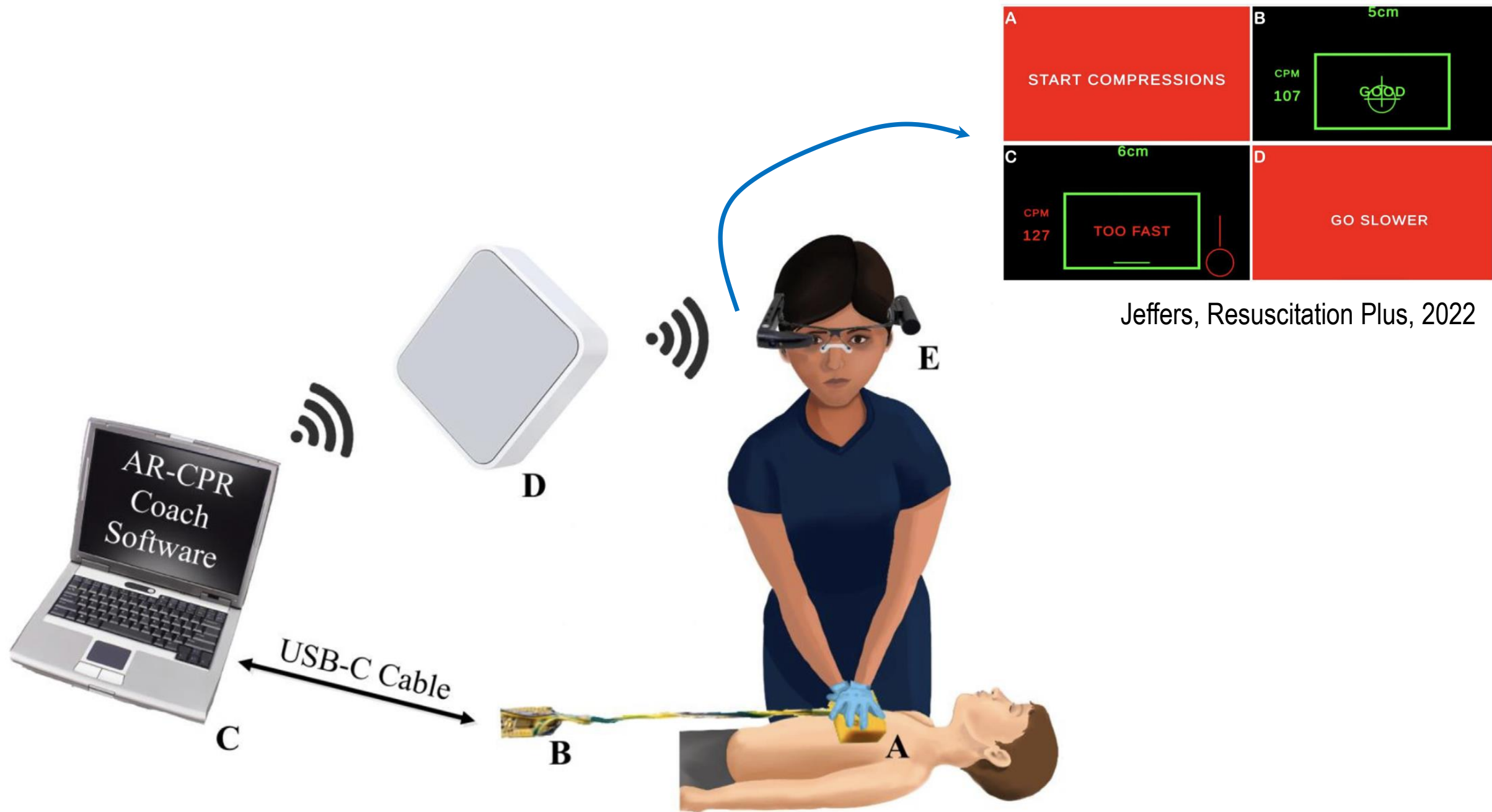


## A Chain of survival



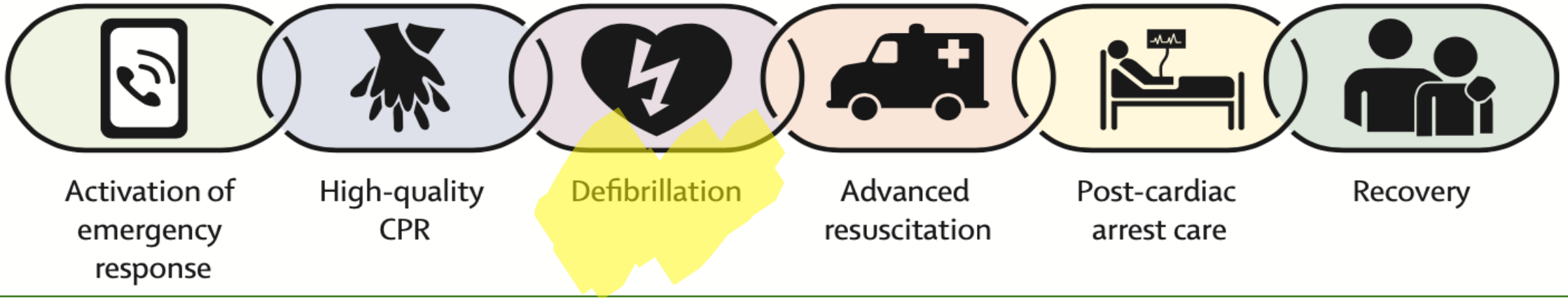
Marijon, Lancet, 2023





Jeffers, Resuscitation Plus, 2022

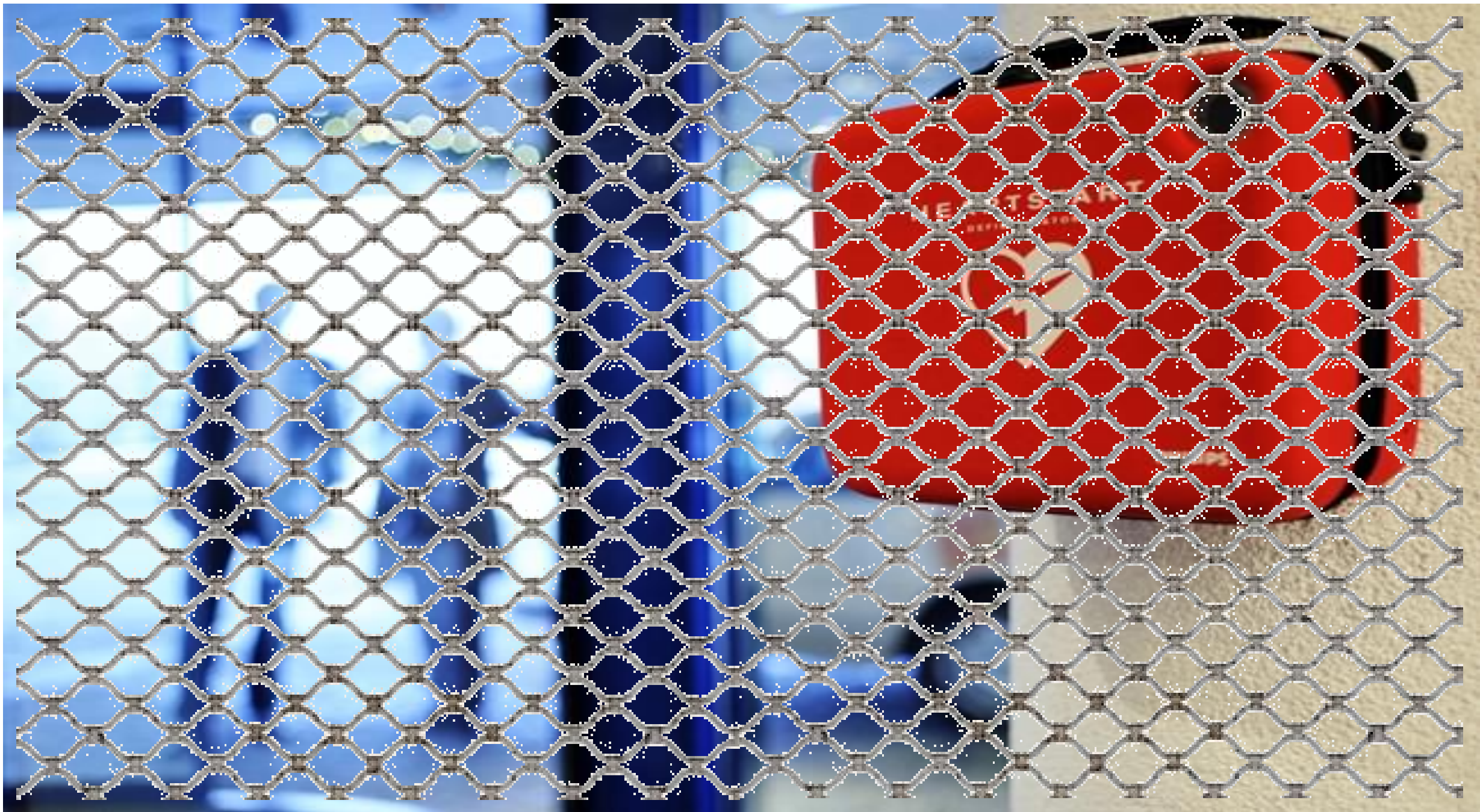
## A Chain of survival



Marijon, Lancet, 2023

# Géo'DAE – Base nationale des défibrillateurs







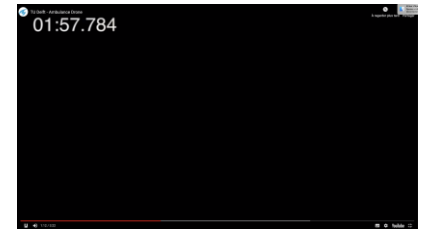
6,021 défibrillateurs

60%

Thomas-Lamotte, Resuscitation, 2024

**X** NON CONFORME







## La Californie interdit la livraison de marijuana par drones

INSPIRATION PAR LA RÉDACTION 13 SEPTEMBRE 2017

Barbereau, France Bleu Nord, 2023

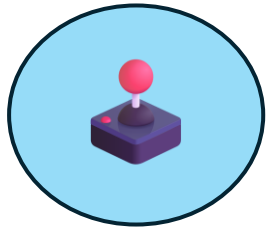
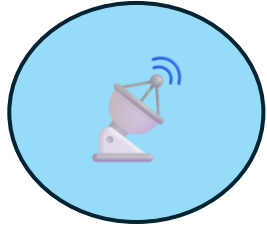
FAITS DIVERS - JUSTICE

## Un réseau de livraison de drogue par drone en prison démantelé à Lille

3 hommes ont été interpellés le 6 juin 2023, soupçonnés de participer à un réseau de livraison de cannabis pour des détenus en prison grâce des drones. Le matériel volant était vendu sur toute la France. C'est l'aboutissement d'un an d'enquête de la Police Judiciaire de Lille.



Un drone destiné à livrer de la drogue en prison - Police Nationale



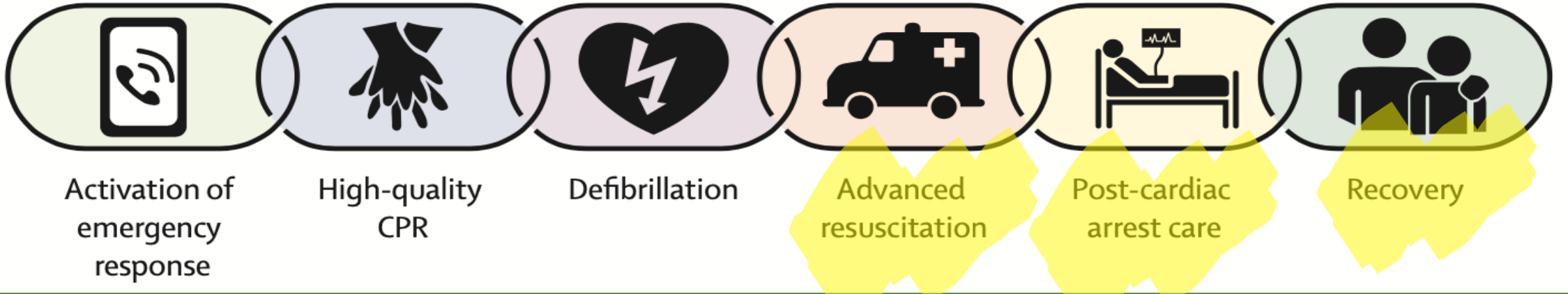
## Review

# Challenges & barriers for real-time integration of drones in emergency cardiac care: Lessons from the United States, Sweden, & Canada

« *there is significant potential* »

Carrillo-Larco, *Glob Health Epidemiol Genom*, 2018 ; Claesson, *JAMA*, 2017 ;  
Lim, *J Clin Med*, 2023 ; Zegre-Hemsey, *Resuscitation Plus*, 2024

## A Chain of survival



Marijon, Lancet, 2023

# Code Blue Team

## What's Your Position?



### Recorder Timekeeper

- Documents Actions of Code
- Official Timekeeper
- Ensures Code Record is Complete
- Obtains Signatures
- Completes Notification Form



### Team Leader MD

- Physician in Charge
- Directs Activities of the code



### CPR

- Positioned Across from Defib to See CPR Audio/Visual Tools for Effective CPR



### Airway Management

- Provides Airway Management and Respiratory Assistance as Needed
- Person Qualified to Intubate if Indicated



### Crash Cart/Defib RN

- Hands Out Items & Medications as Needed
- Defibrillates When Called for



### Medication RN

- Administers IV Fluids & Medications

31/07/2019



## Formule 1 : 1 sec et 88/100 pour changer quatre roues

Red Bull, spécialiste du ravitaillement express, a encore amélioré son record de vitesse pour un arrêt aux stands, de précieux dixièmes gagnés pour le pilote.



**Defib Nurse**

1. Places the Patient on Defibrillator
2. Set to 200J Analyze and Defib at 1<sup>st</sup> pulse check if VF/VT
3. Places IV Access Once on LUCAS and Defibrillator

**Defibrillator**

**Monitor**

**Airway Physician/PA**

1. Completes airway, breathing assessment
2. Ensures ETCO<sub>2</sub> placement
3. Airway Management until RT arrives

**LUCAS Tech**

1. Takes over chest compressions from EMS
2. Places LUCAS Backboard
3. LUCAS Device Placement
4. Manages LUCAS Device During Arrest

**CPR Tech**

1. Initiates CPR once on ED stretcher
2. Assists with LUCAS Device Placement
3. Places patient on bedside monitor



**Procedure Physician/PA**

1. Ensures patient has access (IO, CVC)
2. Cardiac ultrasound during pulse checks

**Medication Nurse**

1. Confirms IV Access Functioning
2. Obtains/Administers Medications
3. Confirms Medications Given

**Physician Leader**

1. Coordinates all aspects of cardiac arrest management
2. Confirms medications with Nurse Leader
3. ECMO Referral/Calls End of Arrest

**Nurse Leader**

1. ACLS Protocol - Timing for rhythm checks, ACLS meds for Attending Confirmation
2. Documentation of Arrest
3. Primary Nurse after Arrest





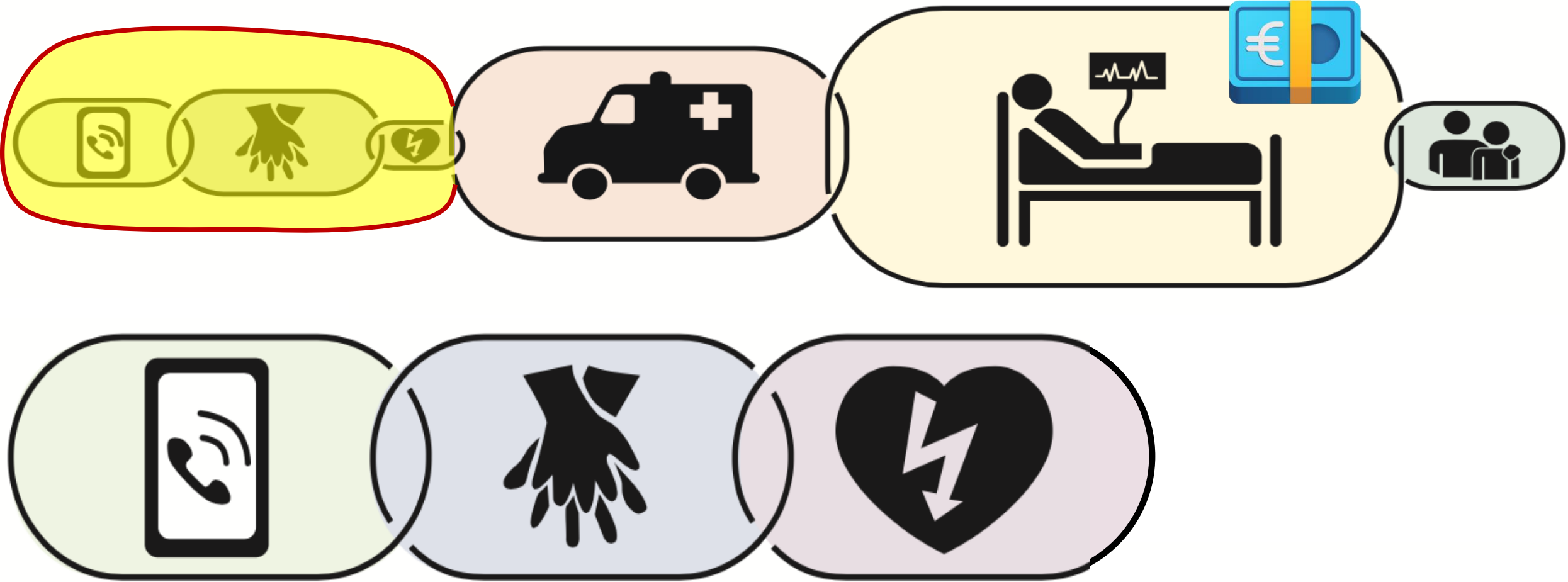
## Le drone ambulance pourrait sauver des vies

Par Jeanne Hutin





C Investment from National Institutes of Health





Accueil > Le Bulletin officiel > 2016 > n°30 du 25 août 2016 > Enseignements primaire et secondaire

## Enseignements primaire et secondaire

**BO** LE BULLETIN  
OFFICIEL  
DE L'ÉDUCATION  
NATIONALE

Le Bulletin officiel de l'éducation nationale publie des actes administratifs : décrets, arrêtés, notes de service, etc. La mise en place de mesures ministérielles et les opérations annuelles de gestion font l'objet de textes réglementaires publiés dans des B.O. spéciaux.



# Is the Basic Life Support (BLS) course mandatory to obtain a category B\* driving licence?



## YES

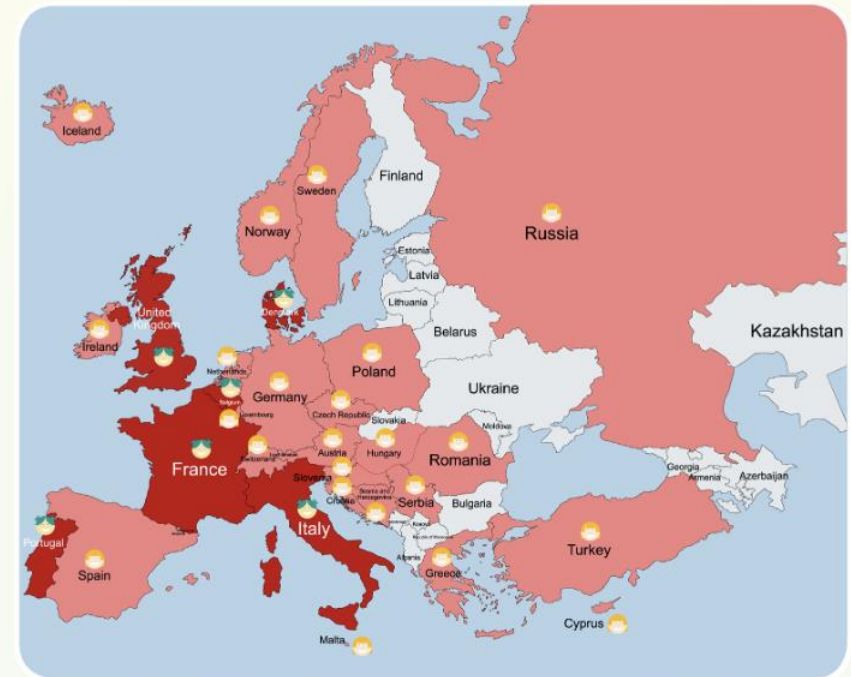
- Austria
- Bulgaria
- Croatia
- Czech Republic
- Denmark
- Estonia
- Germany
- Hungary
- Lithuania
- Luxembourg
- Malta
- Netherlands
- Norway
- Poland
- Slovakia
- Slovenia
- Switzerland

## NO

- Albania
- Belgium\*
- Bosnia and Herzegovina
- Cyprus
- France
- Finland
- Greece
- Iceland
- Ireland
- Italy
- Luxembourg
- Malta
- Netherlands
- Portugal
- Romania
- Spain
- Sweden
- United Kingdom
- Ukraine

\*Category B driving license allows an individual to drive a motor vehicle with a maximum authorised mass not exceeding 3500 kg and designed and constructed for the carriage of no more than eight passengers in addition to the driver.  
\*Except in Brussels Region where it is mandatory since 2018.

# European Map of CPR Education 2020



**KIDS  
SAVE  
LIVES**



## A LEGISLATION

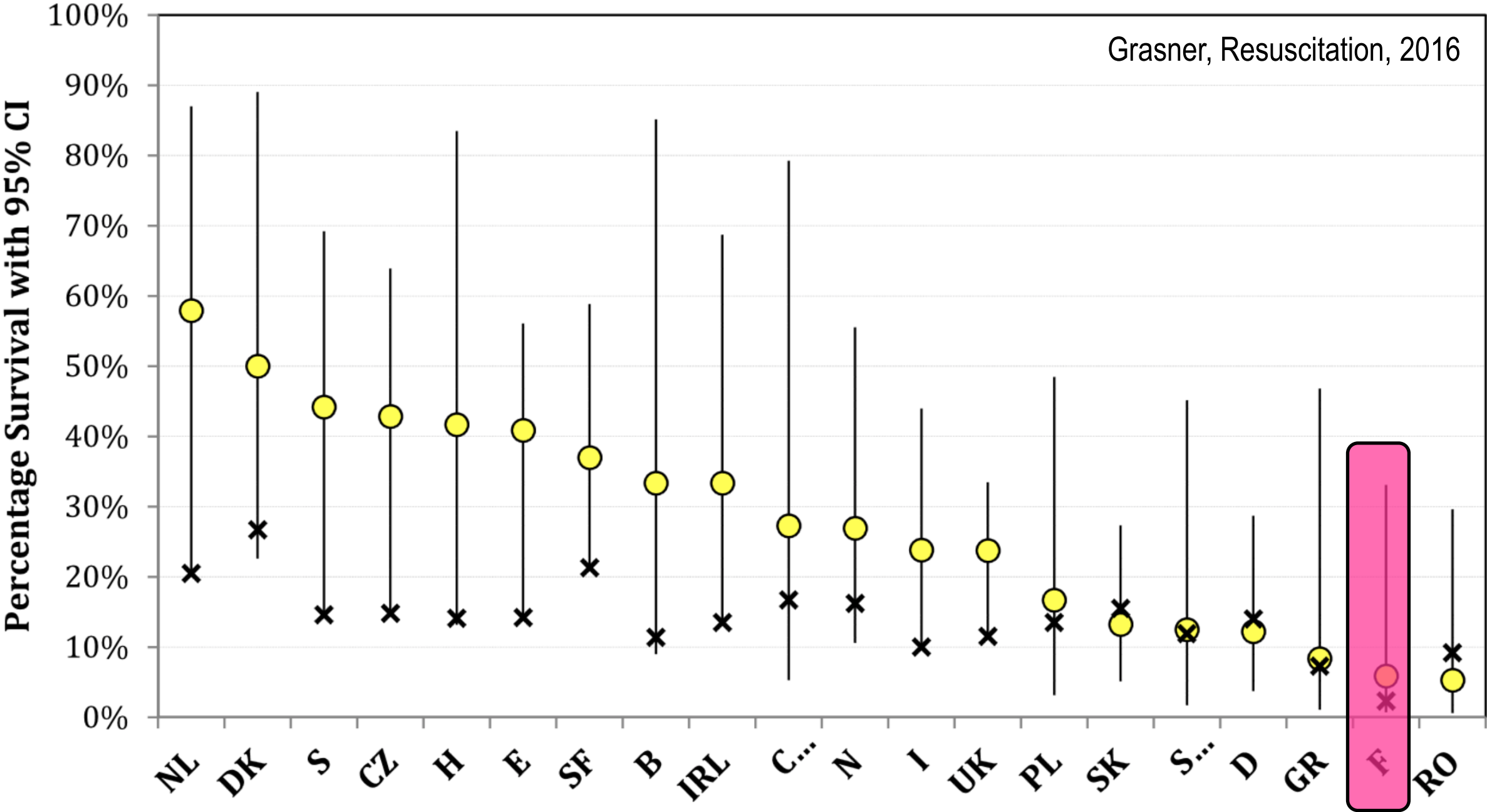
- Belgium
- Denmark
- France
- Italy
- Portugal
- United Kingdom



## A SUGGESTION

- Austria
- Bosnia and Herzegovina
- Croatia
- Cyprus
- Czech Republic
- Germany
- Greece
- Hungary
- Iceland
- Ireland
- Luxembourg
- Malta
- Netherlands
- Norway
- Poland
- Romania
- Russia
- Serbia
- Slovenia
- Spain
- Sweden
- Switzerland
- Turkey

The countries with kids with green hair have a legislation about CPR education, the countries with kids with yellow hair have CPR education as a suggestion.





## INITIATION AUX PREMIERS SECOURS

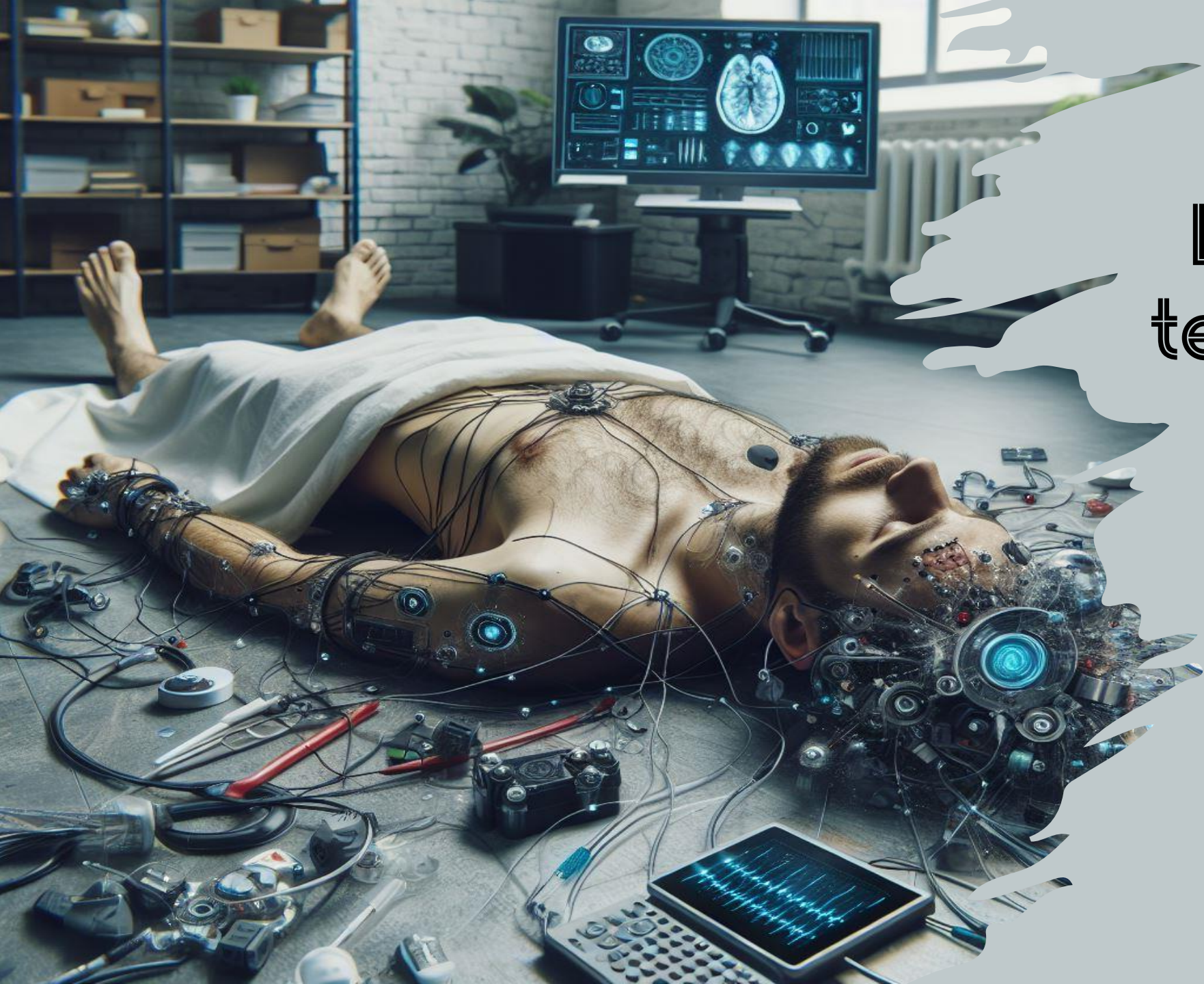


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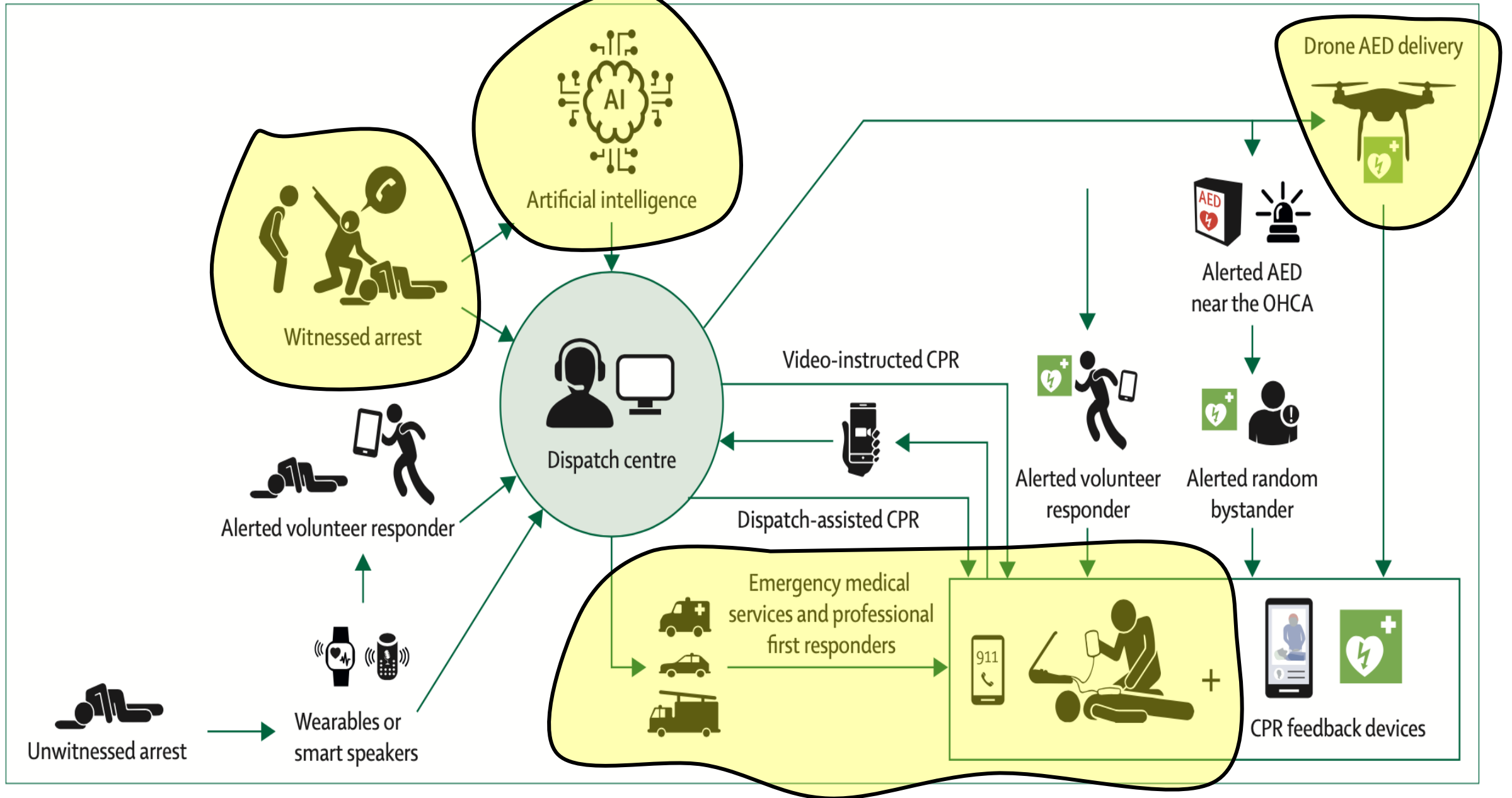


Nouvelles technologies pour la formation



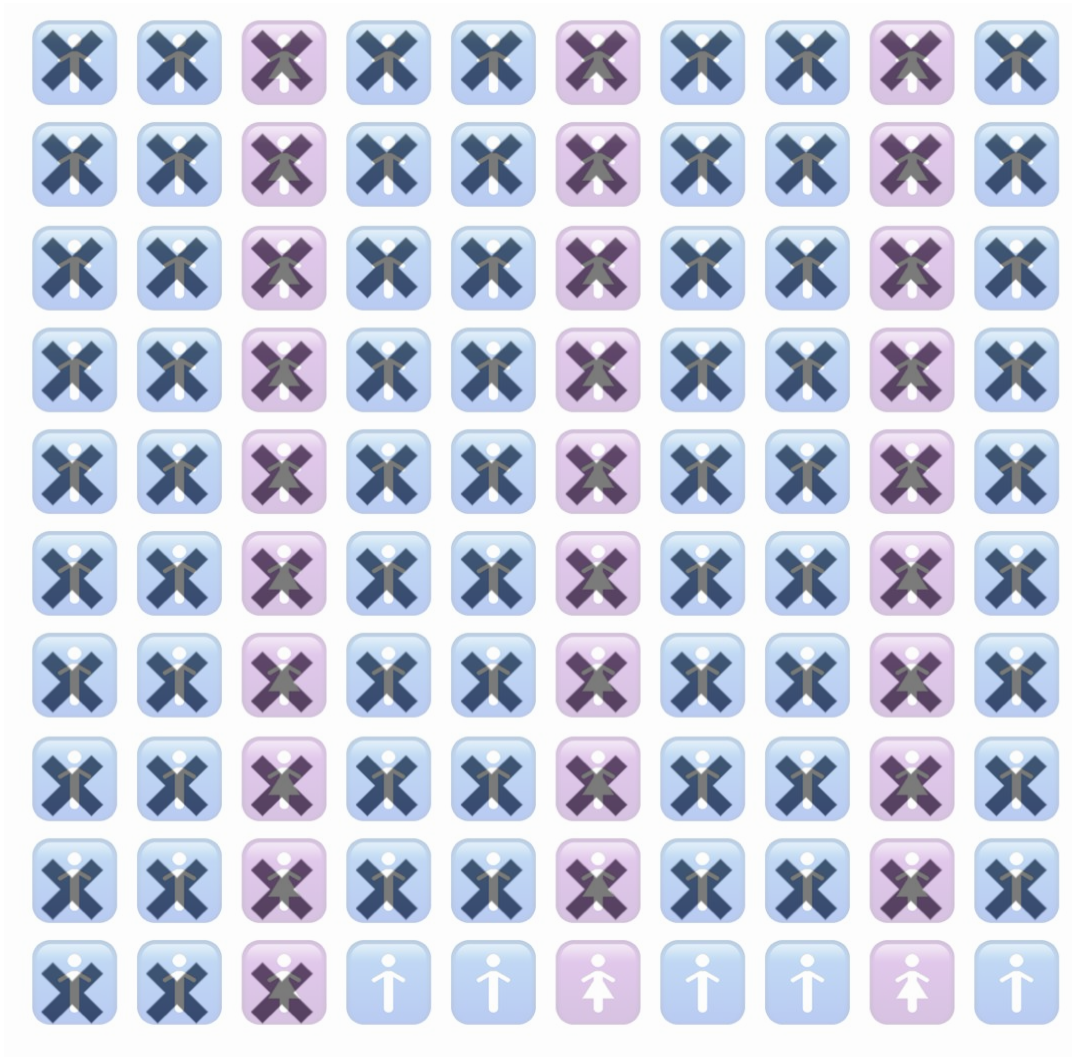


Le fol espoir  
technologique



**Figure 11: Technological solutions for improved resuscitation**

Marijon, Lancet, 2023



DÉBATS • CHALEUR HUMAINE

# « La technologie a trop d'impact sur la planète pour être la solution à la crise du climat »

Par Nabil Wakim

Le Monde, 27/12/2022

ENTRETIEN | « Chaleur humaine ». L'idée que l'innovation nous sauvera de l'épuisement des ressources et des changements climatiques est une illusion dangereuse, prévient l'ingénieur Philippe Bihoux, qui appelle à multiplier les démarches « low-tech » et à privilégier la sobriété.





Georges Charpack et Henri Broch

*In* : Devenez sorciers, devenez savants

*"La charge de la preuve revient toujours à celui qui affirme quelque chose de nouveau et plus la chose affirmée sort du cadre des lois établies... plus les preuves apportées pour étayer cette proposition doivent être robustes."*

Foto FLapo SAMU 93



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# ARRÊT CARDIAQUE

Pourquoi rien ne  
marche ?





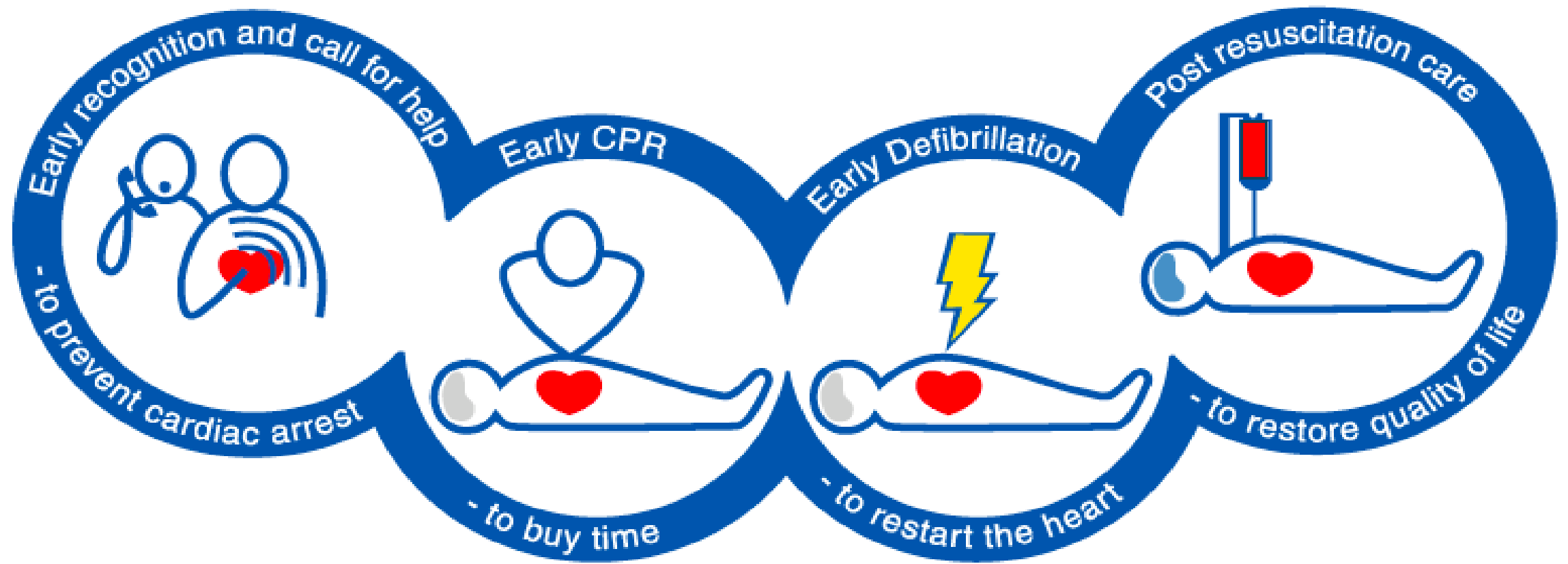
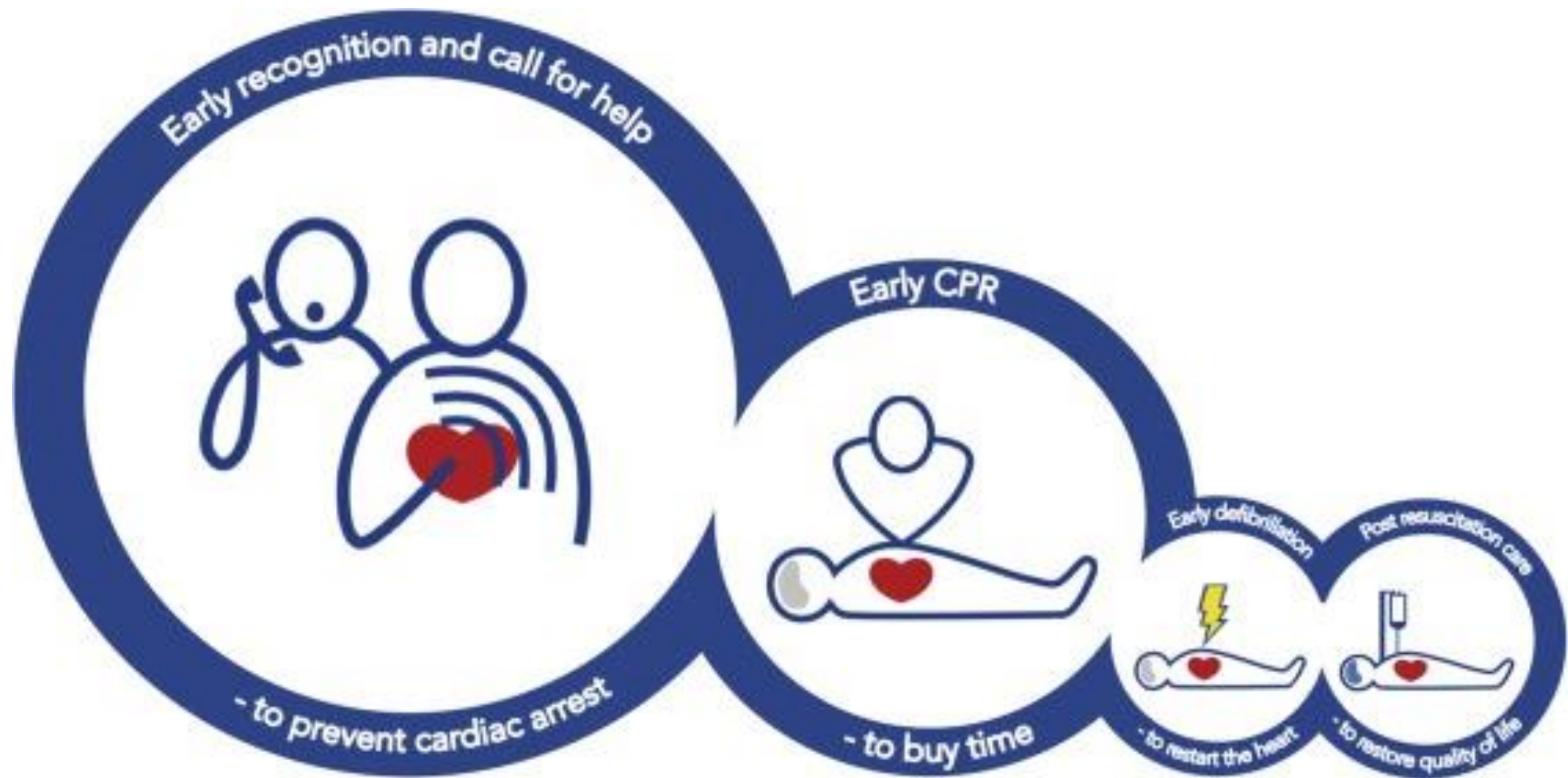
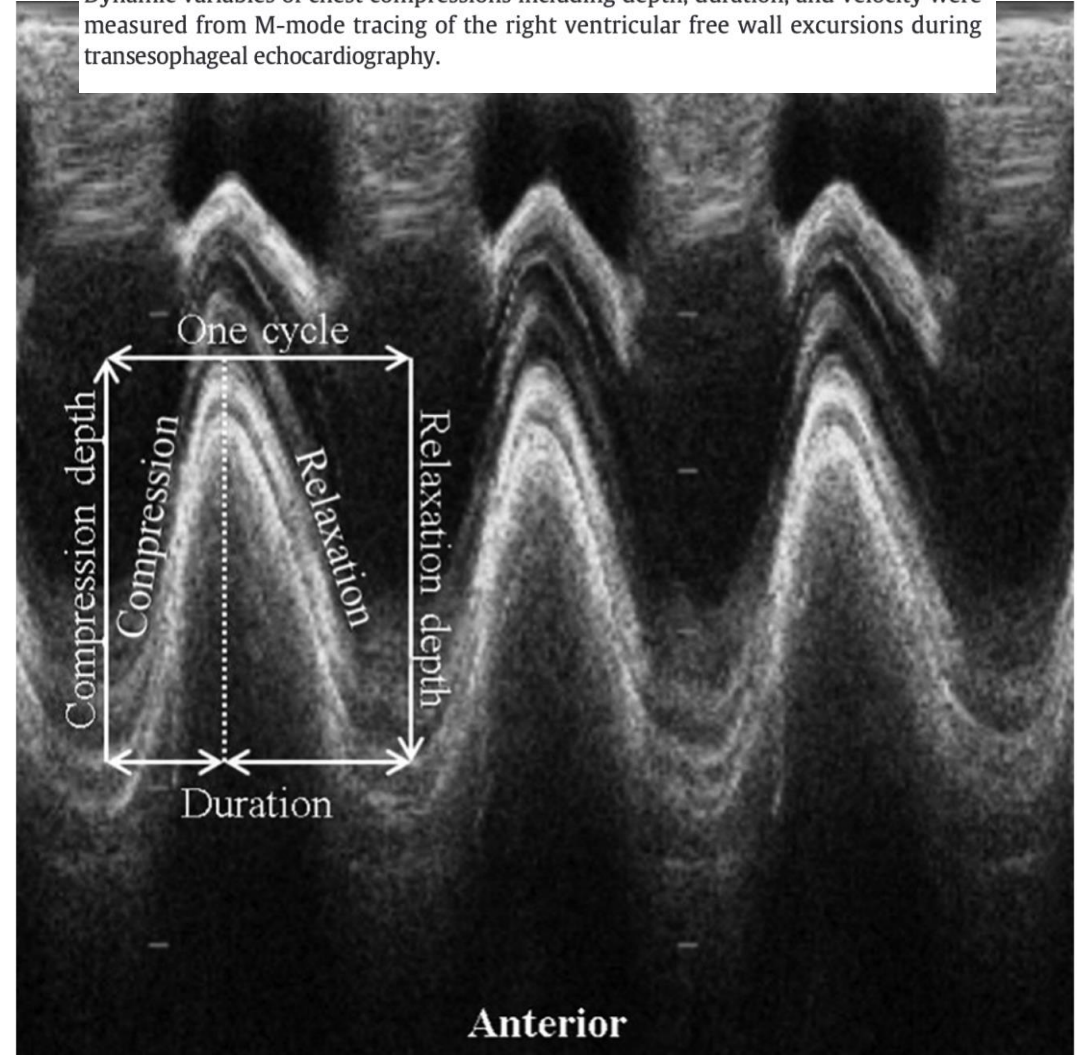


Fig. 2.2. The chain of survival.





**Fig. 1.** Measurement of metrics from the right ventricular free wall excursion. Dynamic variables of chest compressions including depth, duration, and velocity were measured from M-mode tracing of the right ventricular free wall excursions during transesophageal echocardiography.



Kim, J Crit Care, 2019