

CARDIO  
RUN  
2024

16<sup>eme</sup> CONGRÈS DE PATHOLOGIE  
CARDIO-VASCULAIRE

18-19-20 SEPTEMBRE 2024

Hôtel Saint Alexis ILE DE LA RÉUNION France



CARDIORUN.ORG

# Prise en charge chirurgicale des plaies du pied diabétique

*Drs Matthieu Guillou, Jean Michel Radoux, Regis Renard  
Clinique Sainte Clotilde  
Clinique des Orchidées*

# Epidemiologie

- Prevalence AOMI 3% EU et 10% USA/ 15% et 20% >70 ans
- Diabete: 1/11 adulte dans le monde/ 537 millions
- En augmentation: 783 millions en 2045
- 34% ont risque d'ulcère au cours de la vie
- France 2014: 500.000 patients ALD pour AOMI
- prevalence diabete Reunion 8,82%/ 4,46% Paris (source data Ameli 2021)
- Risque d'amputation x24

Worldwide 2015 415 million people with diabetes  
2040 642 million people with diabetes

**North America &  
Caribbean**  
2015 44.3million  
2040 60.5million

**Europe**  
2015 59.8million  
2040 71.1million

**Middle east &  
North Africa**  
2015 35.4million  
2040 72.1million

**Western Pacific**  
2015 153.2million  
2040 214.8million

**South &  
Central America**  
2015 29.6million  
2040 48.8million

**Africa**  
2015 14.2million  
2040 34.2million

**South East Asia**  
2015 78.3million  
2040 140.2million

2015



One in 11 adults  
has diabetes

2040



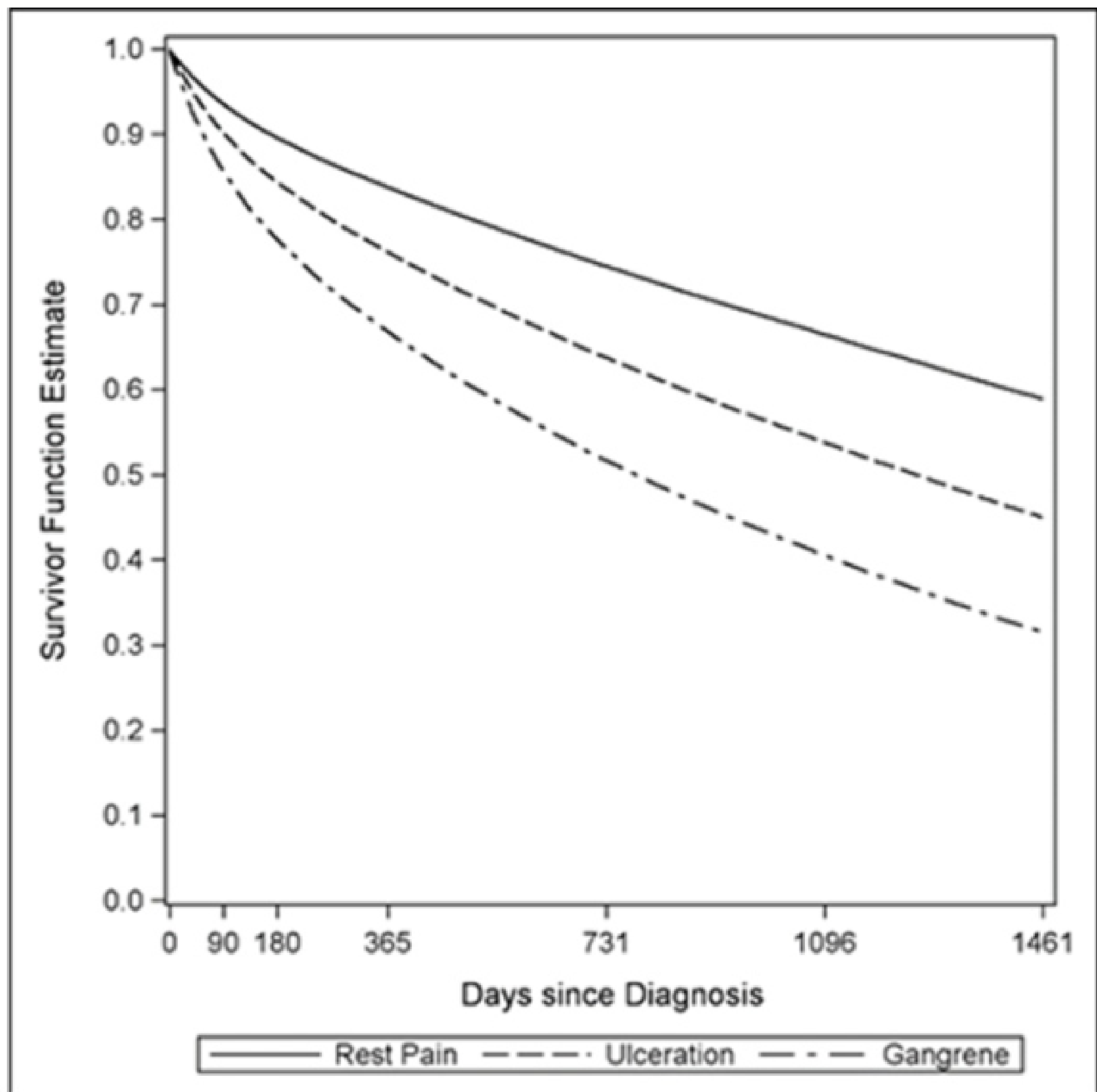
One in 10 adults  
will have diabetes



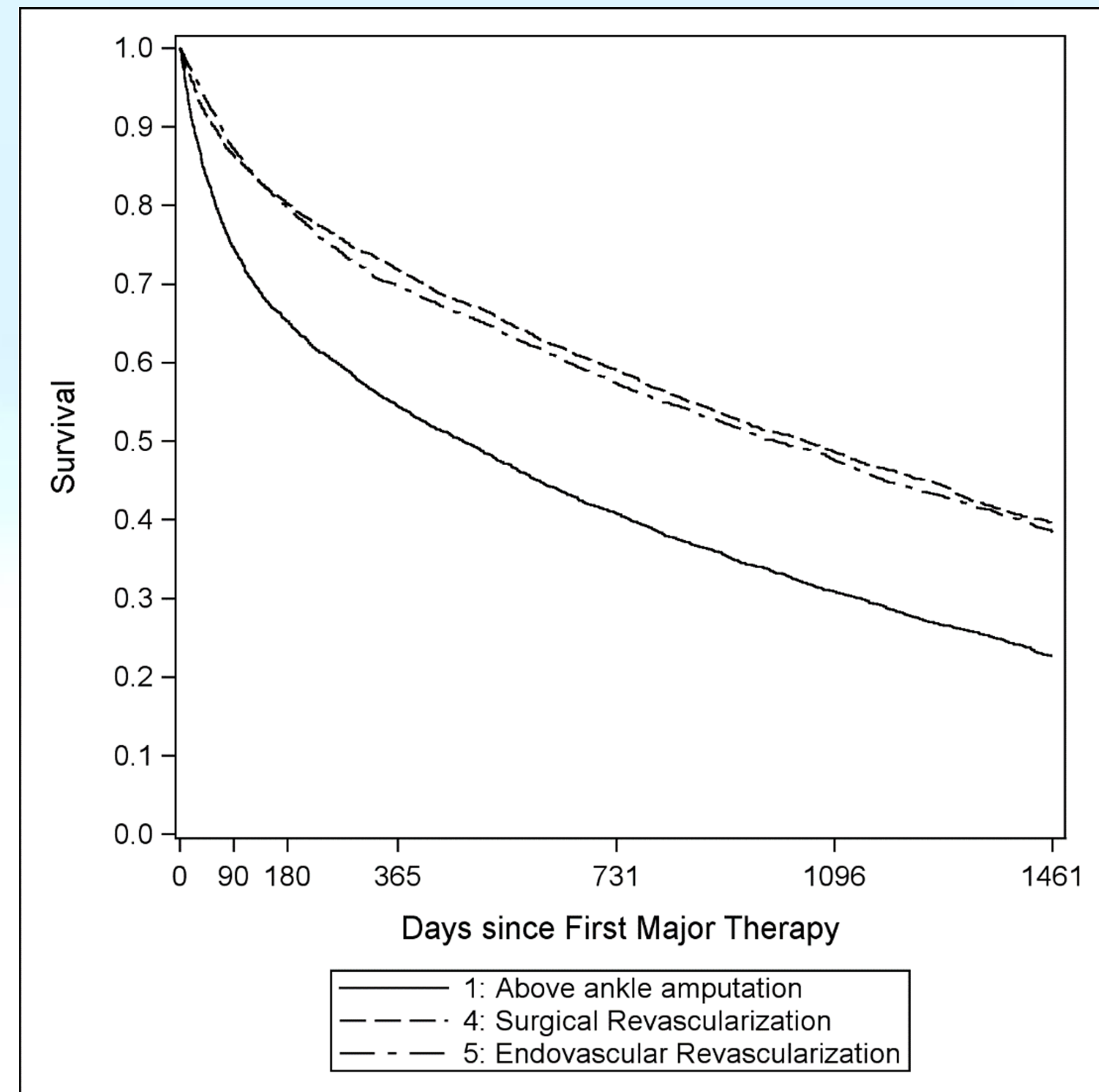
One in two  
adults with diabetes  
is undiagnosed

**Fig 13.1.**

International Diabetes Federation global diabetes projections. (From the International Diabetes Federation. IDF diabetes atlas. 7th ed. Brussels, Belgium: International Diabetes Federation; 2015.)



Survie/ clinique



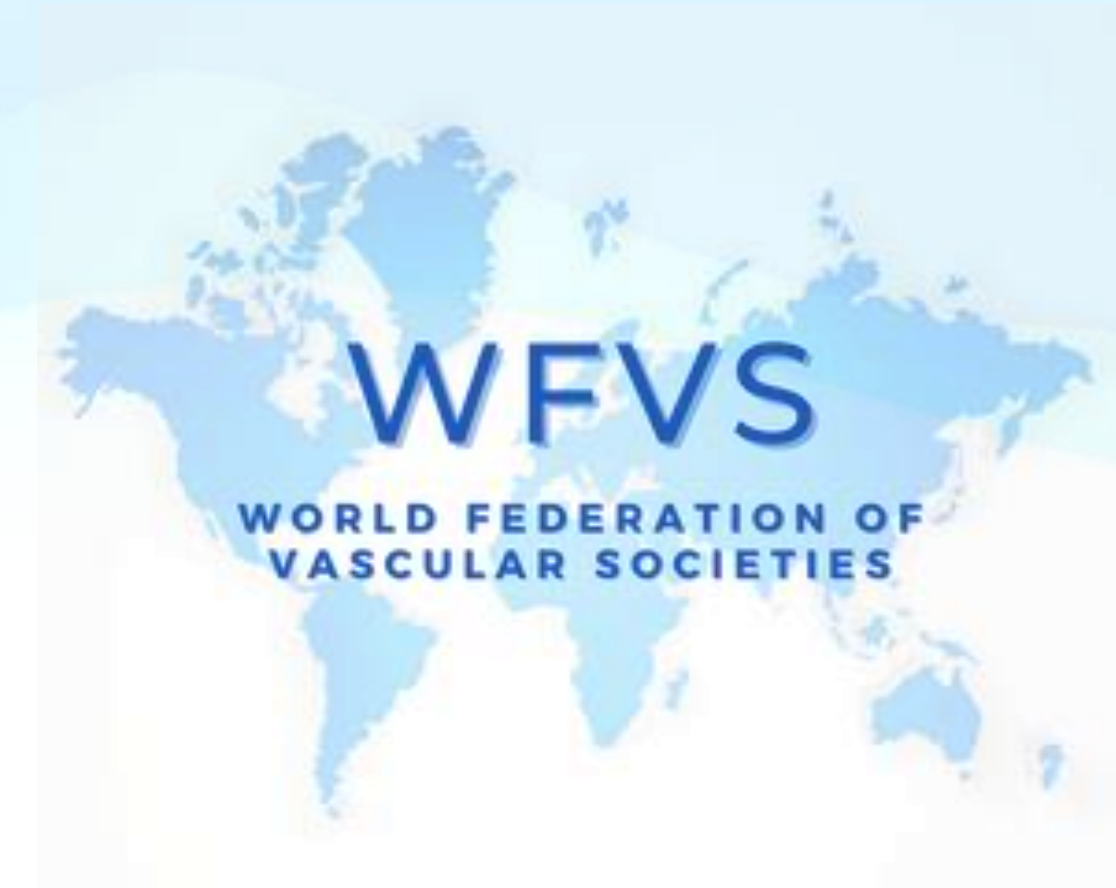
Survie/ revasc

# Coûts

- Ischémie chronique severe: 12 milliards/ an aux US
- Diabete = 9 milliards 2021 en France
- Coût patient amputé > coût patient revascularisé

**GLOBAL**  
VASCULAR GUIDELINES™

ESVS, SVS, WFVS  
Working Together to Improve Patient Care



# Ischémie Chronique Sévère

**Douleur de  
décubitus**  
> 2 semaines

## Trouble trophique

- > 2 semaines
- Gangrène ou ulcère ischémique

## Hémodynamique

- IPS < 0.4
- P. orteil < 30mmHg
- TcPO<sub>2</sub> < 30mmHg



# WIFI (Wound, Ischemia, foot Infection)

	WOUND		ISCHEMIA		FOOT INFECTION
Wifi CLASS	ULCER	GANGRENE	ABI	Toe Pressure	
<b>0</b>	None	None	>0.8	≥ 60 mmHg	None
<b>1</b>	Shallow	None	0.6-0.79	40-59 mmHg	Mild
<b>2</b>	Deep	Digits	0.4-0.59	30-39 mmHg	Moderate
<b>3</b>	Extensive	Extensive	<0.39	< 30 mmHg	Severe (SIR)

**On classe chaque facteur sur une échelle de gravité de 0 à 3**  
**Sur cette base, un stade Wifi est attribué**



**a, Estimate risk of amputation at 1 year for each combination**

	Ischemia – 0				Ischemia – 1					Ischemia – 2				Ischemia – 3			
W-0	VL	VL	L	M	VL	L	M	H		L	L	M	H	L	M	M	H
W-1	VL	VL	L	M	VL	L	M	H		L	M	H	H	M	M	H	H
W-2	L	L	M	H	M	M	H	H		M	H	H	H	H	H	H	H
W-3	M	M	H	H	H	H	H	H		H	H	H	H	H	H	H	H
	fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-		fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-
	0	1	2	3	0	1	2	3		0	1	2	3	0	1	2	3

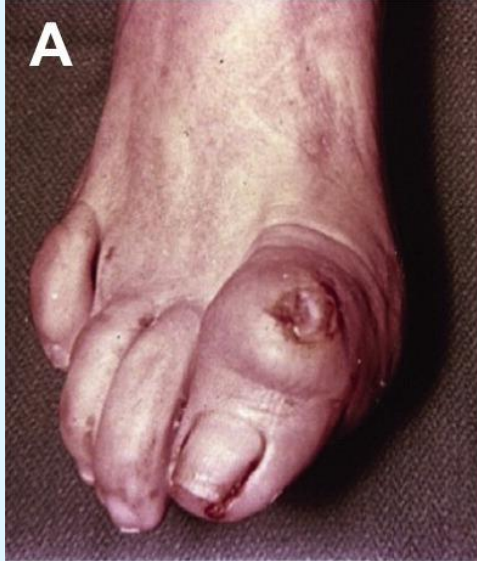
**b, Estimate likelihood of benefit of/requirement for revascularization (assuming infection can be controlled first)**

	Ischemia – 0				Ischemia – 1					Ischemia – 2				Ischemia – 3			
W-0	VL	VL	VL	VL	VL	L	L	M		L	L	M	M	M	H	H	H
W-1	VL	VL	VL	VL	L	M	M	M		M	H	H	H	H	H	H	H
W-2	VL	VL	VL	VL	M	M	H	H		H	H	H	H	H	H	H	H
W-3	VL	VL	VL	VL	M	M	M	H		H	H	H	H	H	H	H	H
	f-0	fI-	fI-	fI-	fI-	fI-	fI-	fI-		fI-	fI-	fI-	fI-	fI-	fI-	fI-	fI-
		1	2	3	0	1	2	3		0	1	2	3	0	1	2	3

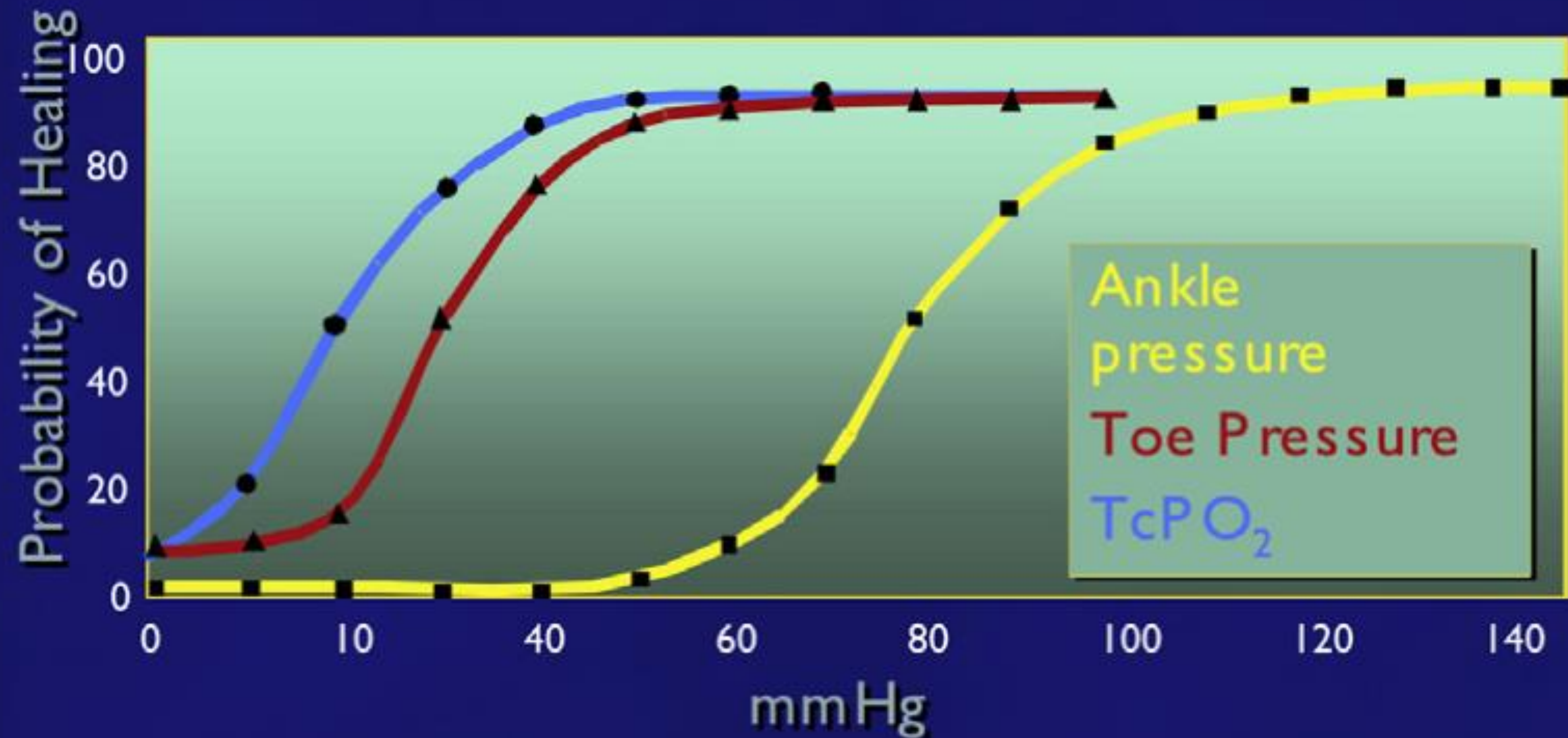
fI, foot Infection; I, Ischemia; W, Wound.

Four classes: for each box, group combination into one of these four classes

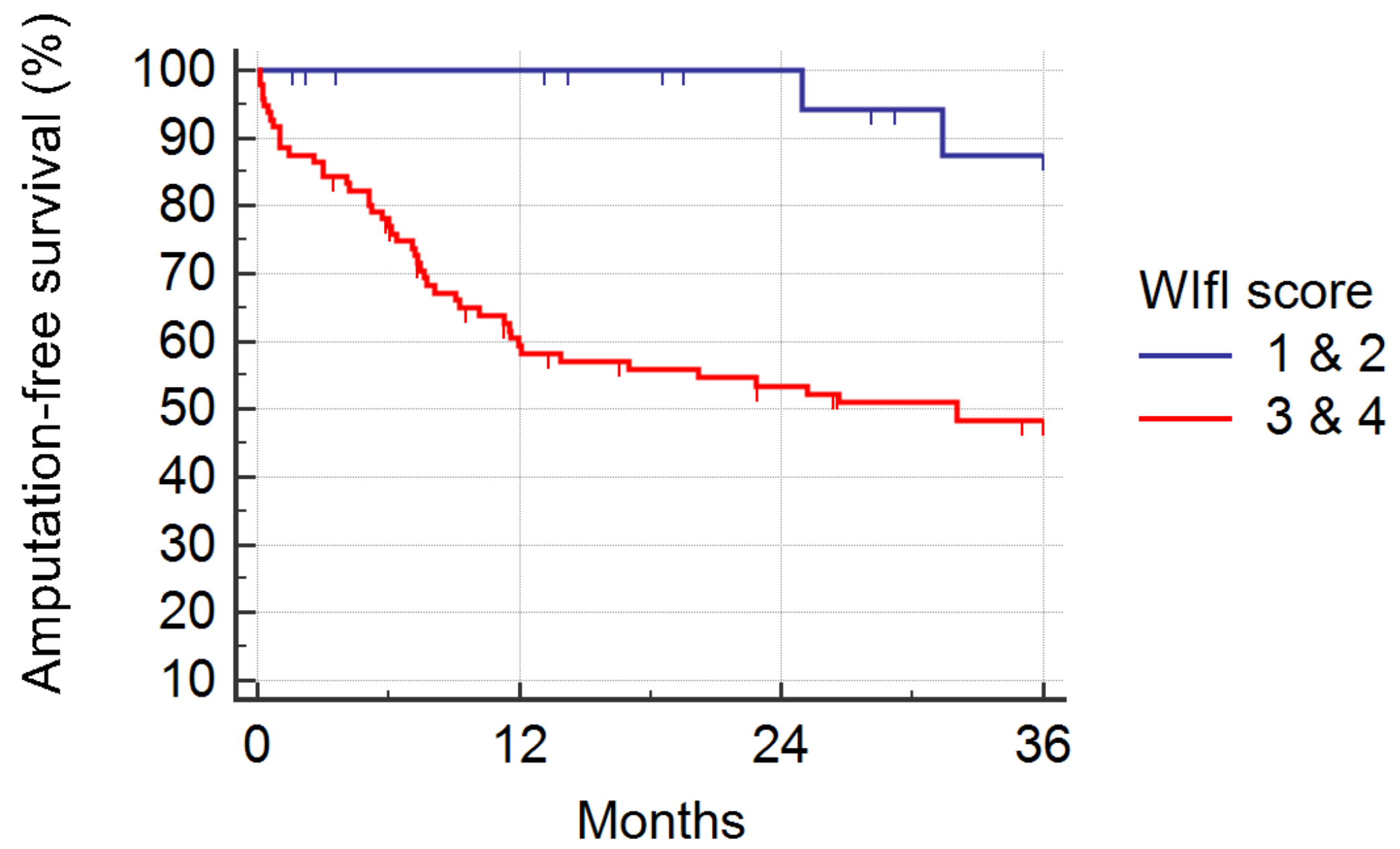
- Very low = VL = clinical stage 1
- Low = L = clinical stage 2
- Moderate = M = clinical stage 3
- High = H = clinical stage 4
- Clinical stage 5 would signify an unsalvageable foot



# Hemodynamics and Probability of Healing of a Diabetic Foot Ulcer

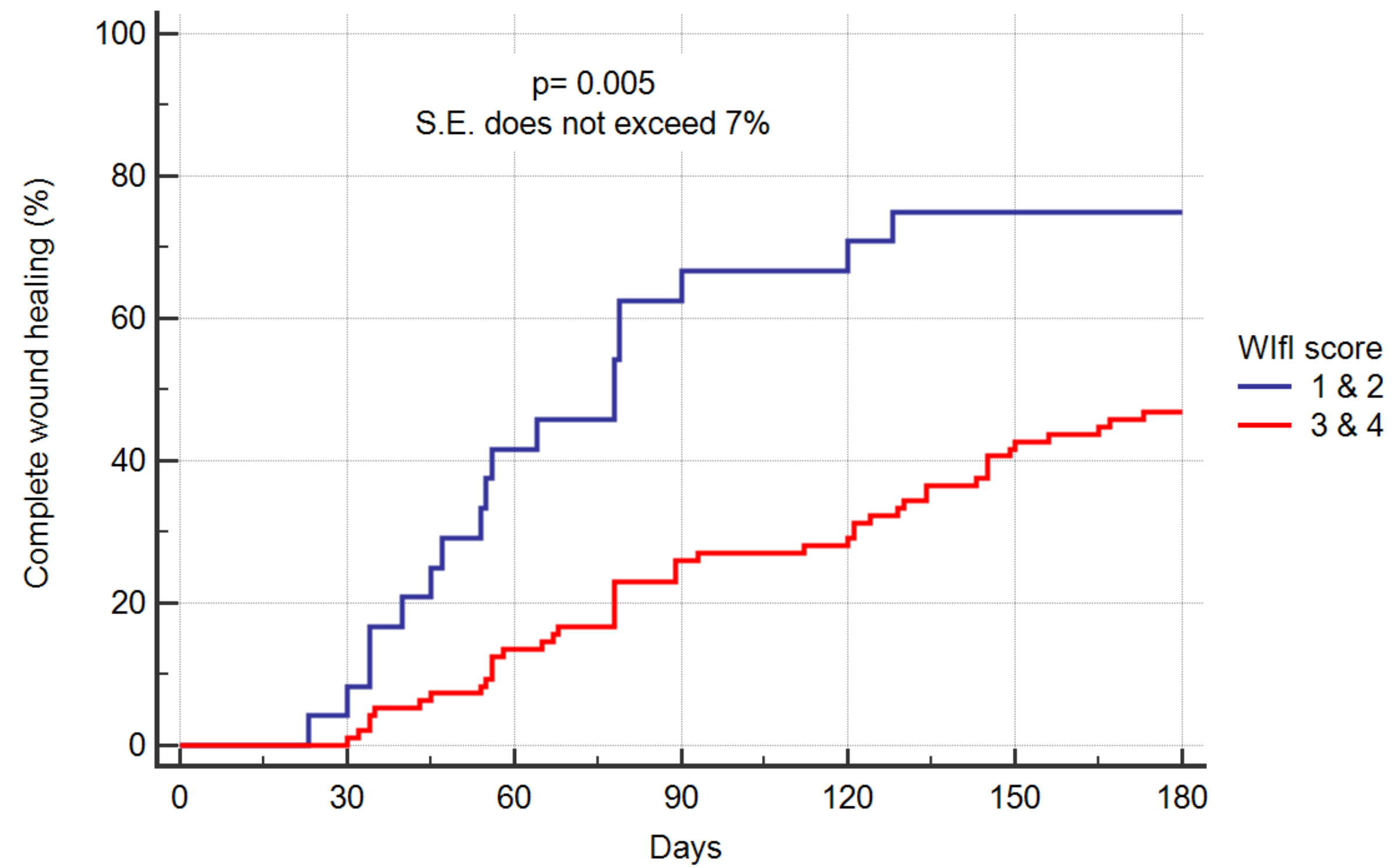


Healing unlikely if toe pressure < 55 mmHg



Number at risk

Wifl score	0	12	24	36
Wifl 1 & 2	24	21	17	12
Wifl 3 & 4	96	52	44	36



Number at risk

Wifl score	0	30	60	90	120	150	180
Wifl 1 & 2	24	22	14	8	7	6	6
Wifl 3 & 4	96	95	83	71	68	55	51

# Pronostic diabete + AOMI

- sauvetage de membre à 1 an sans chir = 50%/ avec >80%
- facteur de gravité = IRC:
  - mortalité peri op = 5%
  - mortalité à 1 an = 40%

# AOMI et diabete

- Peu de collatérales
- Patient jeune
- Distale ++
- Pas de douleur
- Réponse inflammatoire altérée
- Calcifications
- Tres haut risque cardio vasculaire
- Risque majoré d'amputation



# Urgent!

- pression à la cheville < 50mmHg
- IPS < 0,5
- pression orteil < 30mmHg
- TCPO2 < 25 mmHg
- < 2semaines

*Noronen K, Saarinen E, Alback A, Venermo M. Eur J Vasc Endovasc Surg. 2017; 53(2): 206-213.*

*Hinchliffe RJ, Forsythe RO, Apelqvist J, et al. Diabetes Metab Res/Rev. 2020;36(Suppl 1):e3276*

- Always consider **urgent vascular imaging, and revascularization**, in a patient with a diabetic foot ulcer and an ankle pressure of <50 mmHg, ABI of <0.5, a toe pressure of <30 mmHg, or a TcPO<sub>2</sub> of <25 mmHg
- Always consider revascularization in a patient with a diabetic foot ulcer and PAD, **irrespective of the results of bedside tests**, when the ulcer is not healing within 4 to 6 weeks despite optimal management
- **Do not assume diabetic microangiopathy**, when present, is the cause of poor healing in patients with a diabetic foot ulcer; therefore, always consider other possibilities for poor healing. 50% des porteurs ulcere diab ont aomi.
- Urgent imaging and treatment should also be considered in patients with PAD and higher pressure levels, in the presence of **other predictors of poor prognosis**, including infection or large ulcer surface area

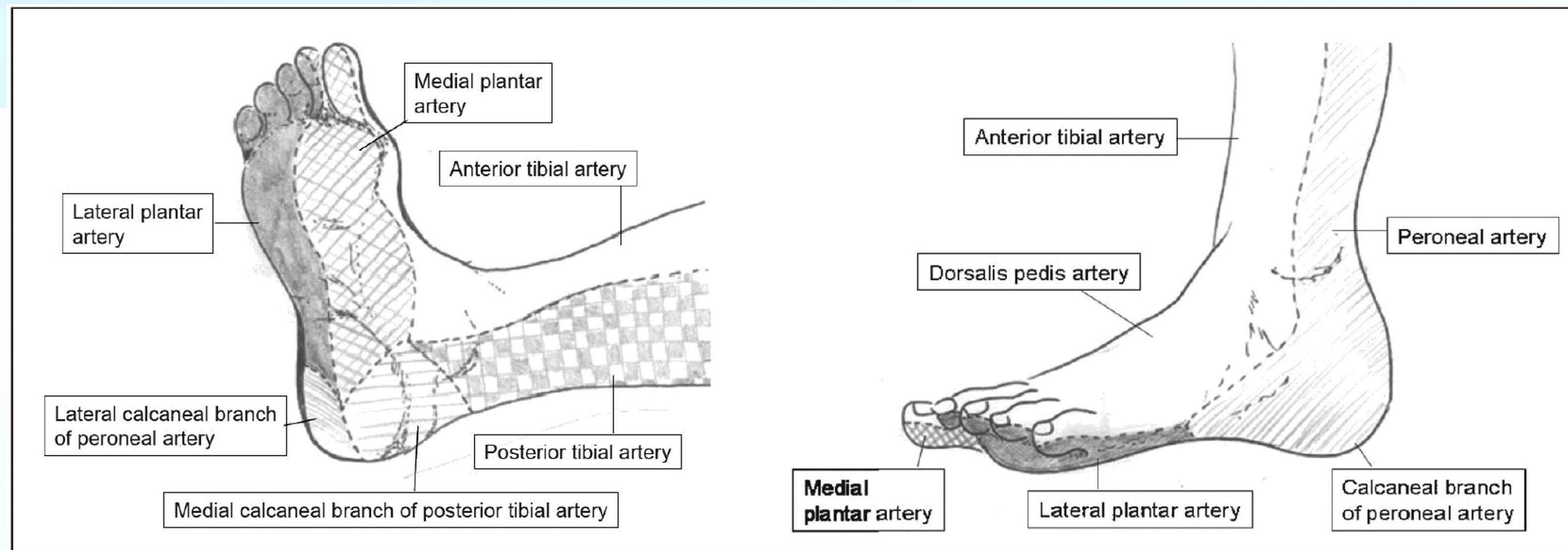
*Fitridge R, Chuter V, Mills J, et al. The intersocietal IWGDF, ESVS, SVS guidelines on peripheral artery disease in people with diabetes and a foot ulcer. Diabetes Metab Res Rev. 2024;e3686*  
*Ince P, Game FL, Jeffcoate WJ. Diabetes Care. 2007; 30(3): 660-663*

*Hinchliffe RJ, Forsythe RO, Apelqvist J, et al. Diabetes Metab Res/Rev. 2020;36(Suppl 1):e3276*



# Traitement

- Arteriographie + angioplasties: gold standard
- Veine saphène interne?



# *The* NEW ENGLAND JOURNAL *of* MEDICINE

ESTABLISHED IN 1812

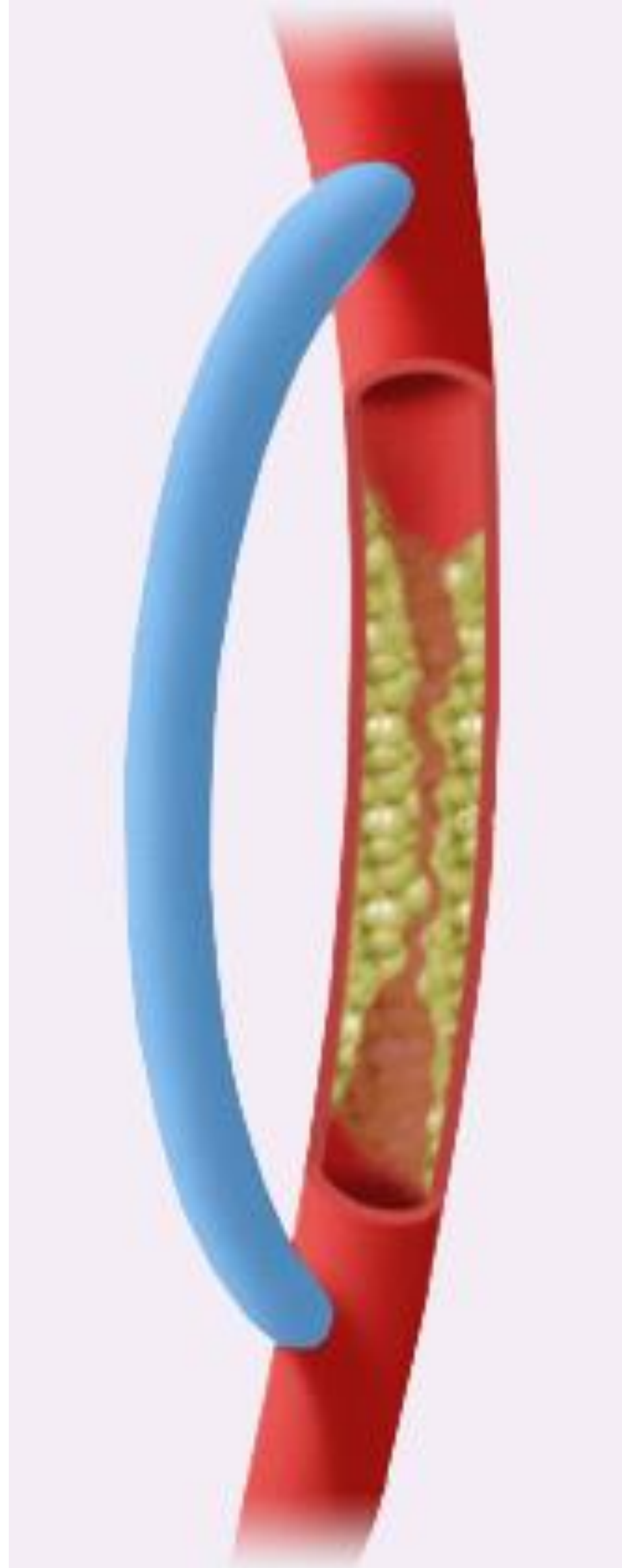
DECEMBER 22, 2022

VOL. 387 NO. 25

## Surgery or Endovascular Therapy for Chronic Limb- Threatening Ischemia

A. Farber, M.T. Menard, M.S. Conte, J.A. Kaufman, R.J. Powell, N.K. Choudhry, T.H. Hamza, S.F. Assmann,\*  
M.A. Creager, M.J. Cziraky, M.D. Dake, M.R. Jaff, D. Reid, F.S. Siami, G. Sopko, C.J. White, M. van Over,  
M.B. Strong, M.F. Villarreal, M. McKean, E. Azene, A. Azarbal, A. Barleben, D.K. Chew, L.C. Clavijo, Y. Douville,  
L. Findeiss, N. Garg, W. Gasper, K.A. Giles, P.P. Goodney, B.M. Hawkins, C.R. Herman, J.A. Kalish,  
M.C. Koopmann, I.A. Laskowski, C. Mena-Hurtado, R. Motaganahalli, V.L. Rowe, A. Schanzer, P.A. Schneider,  
J.J. Siracuse, M. Venermo, and K. Rosenfield, for the BEST-CLI Investigators†





WL: 128 WW: 256

Unnamed  
Cardiaque





NOT FOR MEDICAL USE

Image size: 512 X 512 Virassamy Marcelle 19/08/2015 08:15:07Z ( 75 y , 75 y )  
WL: 128 WW: 256

Unnamed  
Cardiaque

**NOT FOR MEDICAL USE**

Zoom: 235%  
Im: 2/7 Series: 7  
LittleEndianExplicit

19/8/15, 15:46:36  
Made In OsiriX

WL: 128 WW: 256

Unnamed  
Cardiaque

Zoom: 229%

Im: 6/58 Series: 9

NOT FOR MEDICAL USE

19/8/15, 15:52:18

# Traitement endovasculaire





# Principes traitement local

- Eviter milieu humide: multiplication des germes/ inflammation/ gangrene/ douleur
- Eviter les traumatismes (plaie et peau peri lesionnelle)
- proscrire pommade/hydrogel/hydrocolloide/ film polyuretane/ adhesif



# Objectif du traitement local

- Assécher
- “momifier”
- limiter extension/ le niveau d’amputation





# Amputation d'emblée

- Statut neurologique
- Pas de revascularisation possible
- Alité/ statut fonctionnel
- Qualité-projet de vie

# Conclusion

- agressif dans la prise en charge mais rester raisonnable

• 80% des amputations peuvent être évitées

- pris

*World Health Organization. World Diabetes Day: too many people are losing lower limbs unnecessarily to diabetes [press release]. Available at:*

*<https://www.who.int/mediacentre/news/releases/2005/pr61/en/>*

- arte

- surveillance/ suivi